

COMMUNITY EDUCATION

# Lexington

AUTUMN  
2021

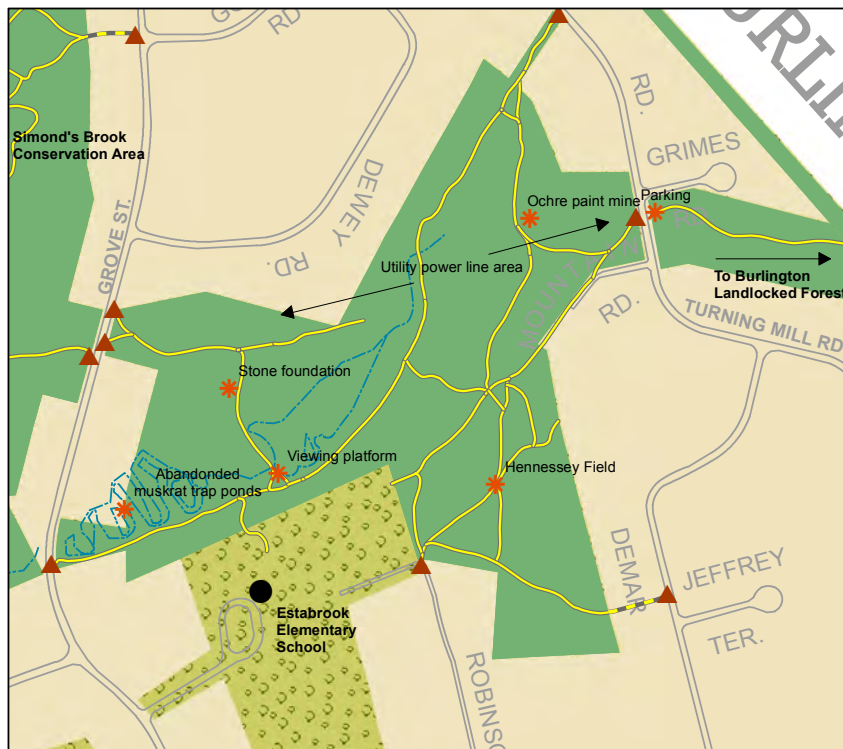
Thanks primarily to our amazing teachers and students, we recently completed a successful return to some in-person summer learning at our Lexplorations children’s program. To be able to witness and hear the children enjoying their days through learning and play was tremendously hopeful. That’s not to say that in-person programming during a pandemic wasn’t extra challenging. On many days, upon being the last staff person to leave the Estabrook School (besides the custodian), I would step a few paces into the woods behind the school and onto the Lexington Conservation Land Paint Mine Trail. A few steps onto the trail, I entered an almost magical, foreign, yet very familiar world, seemingly right out of the old myths and storybooks.

As if entering an enchanted space through a hidden portal in a hedgerow, school sounds were replaced by the sound of the breeze through the trees. Linear school hallways and stairs were replaced by a winding dirt path descending toward small still ponds and the old ochre paint mine. Looking at the forest floor and the tall trees, there was the realization that season after season, all things in nature disintegrate and are reformed in new and different ways. I think our autumn cover art resonates with that awareness. Similarly, our aim in this catalog is to present you with educational and community offerings to inspire stepping into new connections and perspectives through both in-person and online classes and events. As a self-supporting program of the Lexington Public Schools we sincerely thank you for your continued participation and support, *season after season*.

Craig Hall, Director

# Lexington Conservation Lands

Town of Lexington Conservation Division • 1625 Massachusetts Avenue • Lexington, MA 02420 • 781.862.0500



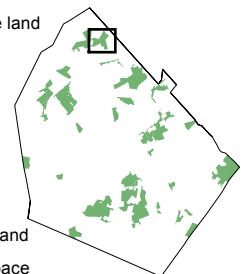
## Paint Mine

48 acres, 2.3 miles of trails. Paint Mine hosts its namesake feature, a natural ochre deposit that historically provided pigment for paint. Today, the old ochre mine is still visible on the property. Other prominent features include a 10 acre meadow called Hennessey Field, an old stone foundation, and a series of small ponds that were built during the 1930's to trap muskrats. After their abandonment in the 1950's, these ponds have slowly been reverting to the bog-like conditions.

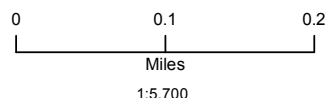
Access is from Grove Street, Turning Mill Road, Estabrook School's parking area, and Robinson Road.

### Legend

- Trail
- Trail on private land
- \* Feature
- ▲ Entry point
- Street
- Stream
- Water body
- Conservation land
- Other open space



Data provided by the Town of Lexington and the Office of Geographic and Environmental Information (MassGIS), Commonwealth of Massachusetts Executive Office of Environmental Affairs





## On Our Cover

Season After Season by Jin Chyung  
 Goache on paper, 14 x 17 inches  
 Member of LexArt  
 Used with permission of the artist  
 Jinchyung.carbonmade.com

*Inspired by the forest trails, I explored the natural patterns and spaces created by these old and silent trees. Season after season the colors and textures constantly influx create a steady rhythm.*  
 — Jin Chyung

In this ever-changing world, the in-person classes and events listed in this print catalog are subject to change based on state and local health guidelines, restrictions, and requirements. Please consult the LCE website for updates regarding health guidelines for in-person offerings and updates to location information. As a program of the Lexington Public Schools, LCE works closely, and in-sync with all directives, permissions, and restrictions of LPS and the Town of Lexington Facilities Department regarding our in-person offerings. If for some reason our in-person offerings are not able to take place due to building restrictions or closures, we will attempt to conduct the class offering virtually. If there is an in-person class or special event that is not able to make the transition to an online format, the date will be rescheduled. We hope you let this printed "at a point in time" catalog serve as a springboard to our interactive and updateable website where you will find the latest class location information, full instructor bios, and online registration ability.

— Craig Hall, *Director*

## About Lexington Community Education

LCE is a self-sustaining, integral part of the Lexington Public School system that is committed to promoting lifelong learning. Our programs are open to all regardless of residency and are appropriate for participants 16 years of age and over. Our *Classes for Children* are for specific ages. LCE provides an extensive summer children's program called *Lexplorations* which offers classes for creative and academic enrichment.

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## LCE Online

Complete course descriptions, class status, and registration information can be found online at [www.lexingtoncommunityed.org](http://www.lexingtoncommunityed.org)

## Lexington Public Schools

### Superintendent of Schools:

Dr. Julie Hackett

### Assistant Superintendent for Curriculum, Instruction, and Professional Development:

Christine Lyons, M.Ed., PhD

### LEXINGTON SCHOOL COMMITTEE

**Chair:** Kathleen Lenihan

**Vice-Chair:** Eileen Jay

Sandhya Beebee

Scott Bokun

Sara Cuthberston

Deepika Sawhney

### STUDENT REPRESENTATIVE

## Lexington Community Education

**Director:** Craig Hall

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Andrea Paquette

**Registrar:** Amy Sullivan

**Accounts Payable:** Deniele Pozz

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**Catalog Design:** Pehlke Design

# Lexington Community Education presents

SCHOOL READ + AUTHOR VISIT

## Interior Chinatown

WITH AUTHOR, CHARLES YU

Wednesday, November 3, 2021 • 7:00 pm • Lexington High School, Auditorium • \$15 • SINT



**From the infinitely inventive author of *How to Live Safely in a Science Fictional Universe*, a deeply personal novel about race, pop culture, immigration, assimilation, and escaping the roles we are forced to play.**

**Charles Yu** is the author of four books, including *Interior Chinatown* (the winner of the 2020 National Book Award for fiction), and the novel *How to Live Safely in a Science Fictional Universe* (a *New York Times* Notable Book and a *Time* magazine best book

of the year). He received the National Book Foundation's 5 Under 35 Award and was nominated for two Writers Guild of America Awards for his work on the HBO series, *Westworld*. He has also written for shows on FX, AMC, and HBO. His fiction and nonfiction have appeared in *The New Yorker*, *The New York Times*, *The Wall Street Journal*, and *Wired*, among other publications. Together with TaiwaneseAmerican.org, he established the Betty L. Yu and Jin C. Yu Writing Prizes, in honor of his parents.

**Made Possible by Lexington Community Education (LCE), Lexington Education Foundation (LEF), Lexington High School Parent Teacher Organization (LHS PTO), and Lexington High School (LHS)**

### GIVE THE GIFT OF LEARNING!

Whether it be for a specific class or event, or a general certificate for a program of the recipient's choice, the experience of learning is always a smart gift. LCE Gift certificates do not expire and can be applied to any and all of our offerings, year round. **Call 781-862-8043, or email [lce@lexingtonma.org](mailto:lce@lexingtonma.org) for more information.**

The views of our presenters and instructors do not necessarily represent the views of Lexington Community Education, the Lexington Public Schools and/or its employees.

## Jazz Guitar Summit: Howard Alden, Sheryl Bailey, and Jon Wheatley

Saturday, December 4, 2021 • 7:00-8:30 pm

Follen Church Society, 755 Massachusetts Ave, Lexington  
\$20 • SJGS



From "keeping time" in big bands and jazz combos, to the unaccompanied recordings of George Van Eps, Johnny Smith, and Joe Pass, the evolution of the guitar in the Jazz genre has been rapid and remarkable. This autumn we are honored to welcome three of the world's finest players to converse both verbally and musically as we celebrate the history and tonality of the beloved "jazz box."

*Guitar Player Magazine* calls **Sheryl Bailey** "One of the most compelling tones of her generation", and Frank Forte of *Just Jazz Guitar* ranks her "among the best bop guitar players with a fresh approach and something new." Sheryl has groomed incredible chops and impeccable taste with which she applies them. To date, Sheryl has 9 CDs out under her name, and a live DVD, *The Sheryl Bailey 3 Live in NYC* (Mel Bay). Each successive release has drawn more accolades. Sheryl is a Professor at Berklee College of Music, and at the Collective in New York.



Regarding **Howard Alden**, Owen Cordle of *JazzTimes* writes, "He may be the best of his generation." His outstanding playing with musicians including Ruby Braff, Joe Williams, Woody Herman, Benny Carter, Bud Freeman, Clark Terry, Dizzy Gillespie and George Van Eps has brought international accolades, and has made him one of the world's most sought after jazz guitarists. His latest album of unaccompanied guitar simply entitled, *Guitar* further establishes him as a true master of the instrument and Jazz genre.



**Jon Wheatley** is one of Boston's busiest and best jazz guitarists, with a dense resume as sideman. With a career spanning thirty-three years, he's played with a number of internationally known players, including Scott Hamilton, Ruby Braff, Alan Dawson, Teddy Kotick, Diana Krall, Mike Metheny, Karyn Allison, "Sweets" Edison, Urbie Green, Joe Wilder, Benny Waters, Dick Hyman, Donna Byrne, Marshall Wood, Daryl Sherman, Ken Peplowski and Randy Sandke to name a few.



LCE is proud to partner with Porter Square Books of Cambridge.  
[portersquarebooks.com](http://portersquarebooks.com)

## The Single-Minded Way of Zen

WITH MYOZEN JOAN AMARAL

Wednesday, October 27, 2021 • 7:00-8:30 pm • Lexington Depot, 13 Depot Square, Lexington • \$15 • SSMW



*The railway track is always the same. If it were to become wider or narrower, it would be disastrous. Wherever you go, the railway track is always the same.—Shunryu Suzuki*

In a stressful world full of uncertainty, establishing a trustworthy and true foundation of self can make all the difference. In the midst of society and the media seemingly intent on creating constant diversion, pressure, and distraction, it is possible to be peaceful, consistent, and fully

present to whatever comes next. As Suzuki Roshi explains, a railway track is always the same, even as it covers and crosses all types of terrain. Join us for an evening with Zen priest and teacher, Rev. Myozen Joan Amaral as we discover, examine and practice some of the ways of sanity, solidarity, sincerity and centeredness offered by the time-tested practice of Zen meditation.

**Myozen Joan Amaral** moved to the Boston area in 2012 from San Francisco Zen Center to serve as guiding teacher for the Marblehead Zen Center. In 2014 the Zen Center relocated to Beverly and in 2016 changed its name to Zen Center North Shore. Joan is a dharma heir of Zenkei Blanche Hartman in the lineage of Shunryu Suzuki, Roshi. Her interest in zazen grew out of a background in modern dance and she continues to be interested in the ways that movement and the cultivation of energy can support the practice of stillness. Joan trained at Tassajara Zen Mountain Monastery for six years. While in residency at San Francisco Zen Center, she formed a dharma group – Dharma en Español – devoted to studying Suzuki Roshi's Zen Mind, Beginner's Mind in Spanish (Mente Zen, Mente de Principiante), in order to provide the opportunity for native Spanish speakers to hear the dharma in their own language. While in San Francisco, she led meditation classes at the County Jail where she also provided one-on-one spiritual counseling for prisoners. She is a graduate of Georgetown University in Washington, DC, and also completed the chaplaincy program at the Sati Center in Redwood City, CA, where she studied with Gil Fronsdal, Paul Haller, and Jennifer Block. Her primary focus as a Zen priest, meditation teacher, sangha leader, and community activist, is on the dynamic relationship between formal practice and everyday, messy human life. In recent times she has been exploring the relationship of zazen and social justice, self-care, and creativity as a path of true happiness.

## How to Free Your Inner Mathematician:

NOTES ON MATHEMATICS AND LIFE  
WITH SUSAN D'AGOSTINO

Tuesday, November 9, 2021 • 7:00-8:30 pm • Zoom • \$15 • SMAT



In her book *How to Free Your Inner Mathematician: Notes on Mathematics and Life*, Susan D'Agostino offers guidance in managing the fear, freedom, frustration, and joy that often accompany calls to think mathematically. This evening she will share some of the practical insight, years of award-winning mathematics teaching experience, and examples of more than 300 hand-drawn sketches alongside accessible

descriptions of fractals, symmetry, fuzzy logic, knot theory, Penrose patterns, infinity, the Twin Prime Conjecture, Arrow's Impossibility Theorem, Fermat's Last Theorem, and other intriguing mathematical topics. Mathematics students, enthusiasts and even those who shy away from math will gain helpful advice for fostering courage on their journey regardless of age or mathematical background. Join us for a presentation and conversation that will provide reassurance that mathematical success has more to do with curiosity and drive than innate aptitude.

**Susan D'Agostino** is a mathematician and writer whose essays have been published in *Quanta Magazine*, *Scientific American*, *Financial Times*, *Nature*, *Undark*, *Times Higher Education*, *Chronicle of Higher Education*, *Math Horizons*, *Mathematics Teacher*, and others. She earned her PhD in Mathematics from Dartmouth College, Master of Arts in Teaching Mathematics from Smith College, and BA in Anthropology from Bard College. She is a Council for the Advancement of Science Writing Taylor/Blakeslee Fellow at Johns Hopkins University. Her website is [www.susandagostino.com](http://www.susandagostino.com) and her Twitter handle is @susan\_dagostino.

Regardless of residency, Lexington Community Education online classes, lessons, and events are **Open to All**.



## Living Music

WITH RA KALAM BOB MOSES

Saturday, October 16, 2021 • 7:00-8:30 pm

Follen Church Society, 755 Massachusetts Ave, Lexington • \$20 • SRKA



*Bob Moses has an inspirational, one world approach to the music we play called jazz... he is a learned, erudite musician who has lots of fun on his many instruments. He is circumspect. He listens to the world around him and recreates it in a world of music, made*

*in America, a national treasure. – Abbey Lincoln*

**Join us for a special October evening of spoken wisdom and percussive rhythm distilled from the heart of a human being who has lived a life devoted to living music.**

Drummer, composer, artist, poet, dancer, visionary, nature mystic:

**Ra Kalam Bob Moses's** life has been a continuous quest for vision, spirit, compassion, growth, and mastery in a multiplicity of art forms. A partial list of stellar musicians he has worked and/or recorded with both as a leader and a sideman includes: Charles Mingus, Rahsaan Roland Kirk, Jim Pepper, Larry Coryell, The Free Spirits, Dave Liebman, Gary Burton, Keith Jarrett, Steve Swallow, Pat Metheny, Lyle Mays, Paul Bley, Herbie Hancock, Jack DeJohnette, Jaco Pastorius, Hal Galper, Michael Brecker, Randy Brecker, Steve Kuhn, Sheila Jordan, Bobby McFerrin, Dave Sanborn, Bill Frisell, Eddie Gomez, Don Alias, John Scofield, Terumasa Hino, Dave Holland, Charlie Haden, Hermeto Pascoal, Jovinos Santos Neto, Danilo Perez, David Sanchez, Chucho Valdes, Jimmy Slyde, Savion Glover, Gregory Hines, Stan Strickland, Tiger Okoshi, Nana Vasconcelos, Obo Addy, John Medeski, Vernon Reid, DJ Logic, Badal Roy, Robert Pinsky, Sam Rivers, Pharoah Sanders, free master guitar genius Tisziji Muñoz, and many others.

### How Can I Help?

As a self-supporting program of the Lexington Public Schools, Lexington Community Education exists solely through revenue generated by tuition. Thanks to you, LCE has survived very uncertain spring, summer, and autumn semesters. And while this catalog is strong in content and opportunities for connecting and learning, LCE has not completely recovered from seasons filled with refunds due to COVID cancellations. There have been a number of you who have asked what you can do to help LCE through these challenging times. Here are some great, easy, and extremely helpful ways you can help sustain Lexington Community Education:

**Take a Class.** Our classes are at the core of our educational mission, and the tuition attached to them is the source of our self-supporting revenue stream. By registering for a class, you are not only helping the program as a whole, you are also helping our paid teaching staff. Classes run based on enrollment and teachers are not able to be paid for classes that are canceled due to low enrollment.

**Teach a Class.** We are always looking for great teachers with great ideas.

**Register Early.** If you see a class or event that you would like to attend, register right away. Your early registration helps our teachers prepare to provide the best educational experience possible.

**If You are Eligible.** If you are eligible for discounted tuition for those 65+, consider paying the full tuition at checkout.

**Like Us on Facebook & Follow us on Twitter.** Getting the word out about our program is half the battle.

**Donate.** Our website has a Donation button on the homepage. Your kindness and contributions go a long way to help provide financial support to students in need and the running of the program as a whole.

**Purchase a Gift Certificate.** The Gift of Learning is a great choice, no matter the season.

**Email Us.** Tell us what you like, and tell us what you would like to see offered. We love to hear from you, and we love to hear how we can meet your educational needs and the needs of our community.

**LCE offers a heartfelt thanks to those who have donated to LCE during the pandemic.**

## Study John Coltrane

WITH THE WORLD'S LEADING COLTRANE RESEARCHER, DR. LEWIS PORTER

**Dr. Lewis Porter** is a celebrated and Grammy-nominated jazz pianist who has performed many times for Lexington Community Ed with noted stars. As an award-winning author and long-time professor at Tufts, Brandeis, and Rutgers, he is in demand everywhere for his entertaining and enlightening lectures. He is the author of *John Coltrane: His Life and Music*, the only Coltrane biography endorsed by John's son, saxophonist Ravi Coltrane, as well as by Jimmy Heath, Dan Morgenstern, and many others. He is also the editor of the *John Coltrane Reference*, a big "day by day" listing. Because he is the world's leading Coltrane researcher, all three classes will feature unpublished information and rare recordings and videos.

**Part 1. Oct 14:** Early life and first recordings, 1926-1957, through first recordings with Miles Davis: Private recordings made at age 19. The switch



Dr. Lewis Porter

from alto to tenor sax. Two years with Dizzy Gillespie. Touring with R&B bands. Discovery by Miles Davis. A rare look at how his solos were edited.

**Part 2. Oct 21:** Rapid style changes between 1957 and 1961. He works with Monk, returns to Miles and appears on *Kind of Blue*, and starts recording as a leader: *Blue Train*, *Giant Steps*. He proves to be an innovative arranger: *My Favorite Things*, *Out of This World*.

**Part 3. Oct 28:** Coltrane becomes renowned, 1961-1964. He continues to progress rapidly. His performances were controversial and avant-garde: *Chasin' the Trane*, his work with Eric Dolphy. But he

recorded with Duke Ellington and singer Johnny Hartman. What were the pressures on him as a popular artist? Coltrane's "classic quartet"--a look at McCoy Tyner, Jimmy Garrison, and Elvin Jones.

**Part 4. Nov. 4:** Coltrane's most famous recording, *A Love Supreme*--and a newly released "live" version from Seattle! Coltrane's music after the quartet--how to make sense out of his most avant-garde music. His death, his legacy, and a wealth of unreleased recordings and new discoveries.

**\$20 per Zoom session • Register for Individual, Multiple, or All Sessions • Proceeds go to support the work of LCE**

## A Practicum in the Environment from Science to Community

FOR MIDDLE SCHOOL + HIGH SCHOOL STUDENTS • PRIMARILY IN-PERSON AND OUTDOOR, 1-2 SESSIONS WILL BE VIRTUAL

In this course we seek to develop scientific skills to explore the environment and to reflect on our relationships with the place we live in. These skills include identifying plants and creatures living in our local ecosystems, contributing through citizen science, conducting scientific literature search, understanding the research process and communicating that research to a wider audience. Using these skills we explore topics that include indigenous plants/insects, pollinator gardens, the impacts that grass lawns and the built environment have on biodiversity, and the negative effects of pesticides. To understand how we can use this knowledge to make a positive impact on our local environment, we will discuss different actions that we can take, in addition to the various actions groups in Lexington are already implementing. To create a space where our minds, hearts and hands are engaged, we will explore

the connection between nature and mindfulness; in the final class, everyone will have the opportunity to share their project which brings together what they have learned. This could be in the form of a blog, a small garden, a video, a picture or more. Through this interdisciplinary course, we hope to foster a deeper appreciation for our local environment, and collectively, to expand our potential to sustain positive change in our own community.

**Gabe Bronk**, PhD is a computational biophysicist and science educator.

**Peter Sun** currently works as a Project Engineer managing Capital Construction Projects for the Boston Planning and Development Agency. During University his interest in renewable energy led him to join Blue Sky Solar Racing while studying Civil Engineering at University of Toronto.

**Rita Pandey**, PhD, is a board member of Lexington Living Landscape and Citizen

For Lexington Conservation. She has lived in Lexington for 30+ years and has raised 3 children. She has been a town meeting member since 2016 and was the assistant director of Harvard Secondary School.

**Shiqi Shen**, a PhD student at UW-Madison, is interested in exploring ways to elevate youth voices and support them in becoming change agents.

**Vivekanand Pandey Vimal**, PhD, is a research scientist at Brandeis University who studies spatial disorientation. He is also a former Waltham High School teacher and grew up and lives in Lexington.

**Yatong Chen**, former provincial government regional and urban planning consultant, current high school teacher and civil educator.

**HCLE**, 6 Saturdays, 12:00-1:30 pm. Begins September 18, Lexington High School & Zoom, \$25.

# Creating Community/ Around Town

## Citizens' Academy

*Instructors: Town Department Heads and Managers*

Join the annual free Citizens' Academy and learn about the inner workings of Lexington Town Government! The program is designed to expose residents to the various Town departments so they can gain a better understanding of how municipal government works. Through presentations, discussions, and virtual visits to Town departments, participants have the opportunity to hear from various Directors and Managers and learn about the operations of Town programs and services. It is intended as a two-way dialogue between Town staff and residents. Participants discover new opportunities for public involvement and the role they can play in Town government. **Meets 11 Thursdays, 7:00-9:00 pm. Begins September 2, 2021, Zoom. To register, or for more information, contact: Katharine Labrecque, Town Manager's Office: [klabrecque@lexingtonma.gov](mailto:klabrecque@lexingtonma.gov) or at 781-698-4543.**

## Simple Ways to Protect Your Home

*Instructor: Officers of the Lexington Police and Fire Departments*

The Town of Lexington has a current population of approximately 33,000 people living in about 11,000 residences. Due to its affluent status and location within the Greater Boston Area with easy access to Routes 2 and 128, it is an attractive target for residential burglaries. Come join Detective Aidan Evelyn, Community Resource Officer from the Lexington Police Department for a discussion addressing this type of crime prevention. The course will focus on home security systems, target hardening through environmental design and other methods to make your home a hardened target for would-be criminals. Pre-registration required.

**FCRIME**, 1 Tuesday, 6:30-8:00 pm. Meets December 7, Lexington High School, Room 224, Free, but space is limited and pre-registration is required.



## LCE Collaborates with LexArt this Fall!



LexArt (the Lexington Arts and Crafts Society) is more than just a new name; it's a complete reboot of the 85-year old artisans collaborative. Engagement in art and craft offers a beacon of hope and joy as we find our way out and through this pandemic. LexArt welcomes

beginners and novices, as well as experts, young and young at heart, teens and millennials. Our doors are open to anyone and everyone. Come learn a new skill, shop for a unique gift, view an exhibit in our recently renovated Molly Harding Nye Gallery, or join one of our craft groups to get access to our maker spaces in wood, ceramics, metal, fiber arts and painting. The classes listed below are just a few of the many online and in-person classes and workshops LexArt will run in 2021. Register online. Stop by for a tour of our facilities. Come get your hands dirty, make some sawdust, bend some metal, learn to knit, to weave, splatter some paint and flex some new creative muscles.

### LCE & LexArt Collaborative Classes:

**Basic Claywork**, at LexArt, begins September 12

**Weave an Infinity Scarf**, at LexArt, meets September 28

**Wood Carving at LexArt**, begins September 23

**Hollow Forms Boxes, Vessels and Containers**, at LexArt, meets October 2

## **NEW** Stranger Danger (for ages 8-12)

*Instructors: Det. Kristina Hankins, Student Resource Officer, & Officers of the Lexington Police Dept.*

This one-evening course is specially designed for pre-teens to learn how to stay safe while venturing out of their home and how to deal with strangers in all aspects of life. We will also discuss the internet and the dangers that can arise online and provide information on how to remain safe while online.

**KSTR**, 1 Tuesday, 6:30-7:30 pm. Meets October 19, Lexington High School, Room, 221, Free, but space is limited and pre-registration is required.

## Home Alone

*Instructor: Officers of the Lexington Police and Fire Departments*

Help your child feel safer and more secure when home alone or with siblings, and teach them smart telephone and doorbell answering strategies. This class is designed for children ages 9 and older. Younger children may attend with an accompanying adult. Instructors are officers from the Lexington Police and Fire Departments. Class size is limited so please register early.

**K009**, 1 Tuesday, 6:30-7:30 pm. Meets November 30, Lexington High School, Science Lecture Hall, Free, but space is limited and pre-registration is required.



LexMedia Production Classes, this page.

## Humanities

Each term our humanities section offers classes that aim to heighten our understanding of the human experience and honor the idea and ideals of a liberal arts education.

### **NEW** Everyone Has a Story: Exploring Our Family Histories and Jewish Memory in Poland

Instructor: Leora Tec

In this experiential workshop, participants will explore their family histories and share stories as they learn about the rescue of Jewish memory in Poland that is being done today by non-Jews. Because ninety percent of Polish Jews were murdered during World War II, the remembrance of the rich, vibrant, pre-war Jewish population has been left to non-Jews. In an intimate environment, we will immerse ourselves in our own stories and memories and apply lessons from the *Polish Rescuers of Memory*. These lessons include: appreciating fragments, holding history for the other and accepting that everyone has a story. The class will involve writing, sharing and discussion on the part of participants. We will read one article and watch a video. We will be visited by a *Polish Rescuer of Memory*. Participants need not have any connection to Jewish Poland, merely an openness to learn about it. In addition they should be curious about family history and remembrance; and be willing to share and hold the stories that other participants bring forward.

**HEHS**, 4 Mondays, 10:00 am-12:00 pm. Begins October 4, Zoom, \$85/Seniors \$65.



**A HOLIDAY TOUR OF VIENNA**  
with Lauren Alteio, PhD, p. 35

### **NEW** Reading "Three Minutes in Poland" and Reflecting on Memory

Instructor: Leora Tec

In this class our own ideas about family history and memory using Glenn Kurtz's book, "Three Minutes in Poland" as a guide. We will write about the ideas brought up in the book such as: remembrance, Jewish memory in Poland, the fleeting nature of memory,

### White People Challenging Racism

Instructors: Karen Blumenfeld and Nicole Chininis

While this five-session workshop welcomes participants of all identities, its focus is on racism as a system that White people created, maintain and condone - and White people in particular need to take immediate action to end. In this small online group setting you will: Examine the role of White people in dismantling racism, in becoming antiracist, and in building an equitable society. Explore the impact of White privilege and how being unaware of that advantage helps perpetuate racism. Write about your own racial awareness journey. Enhance your understanding and capacity for action through discussion of short readings, videos, and other materials. Share everyday racism-related situations where you may not have effectively responded and, using role plays, work out effective ways to challenge racism. Develop a specific plan for challenging racism in the workplace, an organization, or in the community, while being encouraged to find other people in your life who can provide support and serve as an accountability partner in implementing your plan. Please note: Attendance at all sessions and completion of all assignments are required. Each participant will receive a phone call from one of the facilitators prior to the start of this program to review the commitment and class requirements.

**HWCR**, 5 Tuesdays, 6:30-8:30 pm. Begins September 21, Zoom, \$150.

### LexSeeHer: Call for Student Volunteers (grades 6-12)

Join the LexSeeHer Student Committee! LexSeeHer is a group of volunteers in Lexington that aims to spread awareness

of women's contributions to Lexington in the past and in the present. As part of the student committee, you will have the opportunity to do a variety of activities such as: designing social media content for LexSeeHer, creating fun events and activities for students in Lexington, and participating in meaningful discussions on topics that are being discussed in larger town committees. Meetings are once a week and you will get community service hours for the work that you do! **For more information visit: <https://www.lexseeher.com/>**

### Media Production Classes at LexMedia

All classes at LexMedia are free and available to people who live, work or attend school in Lexington. For more information and to sign up for a class go to <https://www.lexmedia.org/events-classes/>. LexMedia is a membership-based non-profit community access media center serving the town of Lexington, Massachusetts.

### Lex Eat Together

Lex Eat Together is a non-profit, volunteer-led organization serving a free, nutritious dinner every Wednesday in the heart of Lexington for anyone in need of food or companionship. Begun in October 2015, and modeled on successful programs in nearby towns, Lex Eat Together provides a healthy, well-balanced meal to all who come to join us.

*Due to Covid restrictions Lex Eat Together is not able to provide meals at this time but is working towards a reopen date in mid-October 2021. To learn more about when we will be opening, to volunteer, or make a donation please visit [Lexeattogether.org](http://Lexeattogether.org).*

fragments and family history. Each week we will discuss 2-3 chapters (participants should be able to read around 65 pages per week) and do in class writing about the ideas that are brought up. We will then share our writing with the group. Participants should be interested in the topic of the book and be willing to read, write and share.

**H3MP**, 6 Mondays, 4:00-5:30 pm. Begins October 4, Lexington High School, \$95/ Seniors \$75.



#### WRITING CLASSES FOR ADULTS p. 15

### NEW Spiritual Thriving in the Age of Covid: How Judaism, Buddhism and Stoicism ("JuBuSto") Can Help

Instructor: Ronald Pies, MD

This talk will focus on Lexington physician, poet, and novelist, Dr. Pies's book, *The Three-Petalled Rose*, which explains how three great spiritual traditions--Judaism, Buddhism and Stoicism--can provide a framework for a fulfilling and responsible life. No special expertise or religious orientation is needed to appreciate the common threads that link these traditions. "JuBuSto", as Dr. Pies calls the fusion of these traditions, can be integrated into anyone's life, regardless of religious (or non-religious) background.

**HJBS**, 1 Thursday, 7:30-8:30 pm. Meets October 28, Zoom, \$15.

### NEW The Bhagavad Gita: Karma, Dharma, Bhakti & Moksha

Instructor: Srinivas Reddy

*The Bhagavad Gita* or Song of God is a spiritual classic of ancient Indian philosophy. The Sanskrit text consisting of eighteen chapters ranges over a wide array of religious doctrines, metaphysical concepts and devotional practices. Beginning with the text's historical/ cultural context, we will explore the central ideas of karma (action), dharma (duty) and atma (soul/self). We will also focus on the underlying concept of moksha (liberation) as it is understood in Indian religious traditions. By reading and analyzing important verses in English

translation, the course will proceed in an interactive, discussion-based modality. All are welcome.

**HGTA**, 1 Thursday, 7:00-9:00 pm. Meets October 14, Zoom, \$25.



#### PERMISSION TO PAUSE with Catherine Collins, p. 39

### NEW The Gilded Age and Progressive Era

Instructor: Andrew Chatfield

What was life like in America after the Civil War and the end of the nineteenth century? How did Americans adapt to the rapidly changing pace of culture, society, politics, and economics? What were some of the causes and effects of rapid industrialization, mass immigration, wealth inequalities, and economic depressions during the era? These are some of the questions we will seek to answer in this lecture course on the Gilded Age and Progressive Era. We will begin the course at the end of Reconstruction in the late 1870s and parse its many repercussions felt many decades later. Then we will analyze the issue of mass immigration to the United States and the racism and xenophobia it engendered. We will also examine the coming of the labor movement and look at several violent strikes, like the Homestead Strike and the Pullman Strike. Then we will look at the beginnings of the Populist movement in American society and the many economic hardships of the early 1890s. Let's not forget the coming of the American empire during the Spanish-American War and the colonies the US acquired, as well as the new national viewpoints and attitudes that accompanied it. We will also look at the politics of the early twentieth century, keeping in mind that it was the most popular form of a hobby and popular entertainment for millions of Americans. Finally, we will examine the coming of Woodrow Wilson's presidency and the effects of World War I on American society. We will finish in 1920 with the end of the Progressive Era.

**HGPE**, 6 Wednesdays, 2:00-3:30 pm. Begins September 29, LCE Large Conference Room, 146 Maple Street (enter through blue door on side of the bldg), \$98/Seniors \$85.

### NEW European Drama and Comedy

Instructor: Tracy Marks

In *Hamlet*, Shakespeare used a play within a play to "catch the conscience of the king." We'll awaken not only our social conscience but also our playful spirit as we read and discuss three 20th century comedies and dramas, as well as watch video clips. Our focus will be the theater of the absurd and the theater of resistance as expressed in Ionesco's *Rhinoceros*, Giraudoux's *Madwoman of Chailot*, and Pirandello's *Six Characters in Search of an Author*. Join us for a lively exploration of European drama. Public domain translations will be provided.

**HEUR**, 4 Fridays, 12:30-2:30 pm. Begins November 5, Zoom, \$95/Seniors \$75.

### NEW Greek and Roman Mythology: Ovid's Metamorphoses

Instructor: Tracy Marks

Do you want to learn about Greek and Roman myths, and discover those which personally speak to you or have influenced Western culture? We'll begin with a discussion of the most significant gods and goddesses. Then we'll focus upon several dozen Greek myths interpreted by the Roman poet, Ovid in his poetic, readable classic, *Metamorphoses*. Class will include mini-lecture, discussion of readings, and viewing excerpts from mythical movies and documentaries. Reading assignments will be approximately 40 enjoyable pages per week. By the first class, students should have on hand Ovid's *Metamorphoses*—preferably the Mandelbaum, Lombardo or Humphries translation, and read the first chapter.

**HGRE**, 6 Fridays, 12:30-2:30 pm. Begins September 24, Zoom, \$140/Seniors \$110.



Dr. Ronald Pies teaches *Spiritual Thriving in the Age of Covid*, this page.

## First Period Homes of Ipswich, Massachusetts

Instructor: Gordon Harris

Of the roughly 300 houses that were constructed (in part or in whole) during the first century of English settlement of Massachusetts, 59 are in Ipswich. We will discuss features to search out to help you identify First Period structures based on appearance, layout and architectural features that distinguish them from the succeeding Georgian era. Diagrams demonstrating First Period construction techniques will be accompanied by exterior and interior photographs from several of the best-preserved Ipswich First Period houses. The earliest builders to settle the Massachusetts Bay Colony were trained in English post-Medieval techniques, and adapted this form to the New England climate. Houses constructed after about 1720 (Second Period homes) are generally distinguishable by symmetry, proportion and interior decoration. While most First Period houses were enlarged or modified to present this Second Period appearance, renovations in recent decades have exposed and restored earlier elements.

**HIPSW**, 1 Wednesday, 6:30-8:30 pm.  
Meets October 13, Zoom, \$30.



**FRENCH LANGUAGE & CONVERSATION THROUGH FILM**  
with Karen Girondel, p. 23

## Public Art: Appreciating Its Many Varieties & Purposes

Instructor: Paul Angiolillo

Sculpture and other forms of public art have been making the headlines a lot lately. Monuments have been toppled, contemporary sculptures replacing them; art appears on billboards and city streets, "popping up" in squares, projected onto buildings, as sky-writing, and even as "virtual" images on phones. Whatever you think about such personal expressions, one thing is clear: public art fills an important role in our society. We'll take a wide-ranging look at its many forms and themes: monumental, political, environmental, whimsical, "art for art's sake," and more. What makes a work succeed (or not)? Where is the whole



Srinivas Reddy teaches *The Bhagavad Gita: Karma, Dharma, Bhakti & Moksha*, page 10.

field going? Join us for a casual, lively discussion about public art and its role in our culture.

**HART**, 1 Tuesday, 4:00-5:30 pm. Meets November 16, Zoom, \$29.

## Introductory Astronomy

Instructor: Pedro Lilienfeld

This introductory course is intended to provide a basic understanding of our place in the universe in light of the latest scientific observations and discoveries. Stunning graphics and photos illustrate the lectures. Join us for a fascinating look at the evolution of human thought and knowledge about the earth and the cosmos through the ages, from Babylonian and Greek antiquity, through the Middle Ages, the Renaissance, the Enlightenment, the 19th century, and finally to the unprecedented present expansion of our detailed understanding of the universe. The course then looks at our solar system and its planets, followed by a review of star evolution and the location of our solar system within the

Milky Way galaxy, the formation of the elements, supernovas and pulsars and black holes. This is then followed by our present knowledge about galaxies, supergiant black holes at their centers, quasars, and dark matter. The recent detection of gravitational waves will be discussed. Concepts such as dark energy, the age, size, dynamics and composition of the universe will be introduced, followed by the latest thoughts about the multiverse. The principal methods and tools of today's Astronomy are discussed. The course concludes with a review of the prevalent thoughts about the probability of extraterrestrial life and intelligence in the context of both the exciting discoveries of extrasolar planets and the history of life on earth. Enrico Fermi, the notable Italian physicist, asked Where Are They? Can we answer his question? Math familiarity is not expected.

**HINA**, 5 Wednesdays, 6:30-8:30 pm.  
Begins October 20, Lexington High School, Room 220, \$110/Seniors \$85.

# Music Appreciation

## **NEW** An Operatic Tour - Italy, Russia and Germany

*Instructor: David Collins*

Our first destination is Sicily for Mascagni's popular opera *Cavalleria Rusticana*. The unbridled passions of love, betrayal, infidelity and murder are set before us with the emotional intensity that only music can provide. Popular pieces from this opera include the aria, "Voi lo sapete, o mamma", the "Easter Hymn" chorus and the orchestral intermezzo. The Boston Lyric Opera will perform this opera live on stage in early October. Next we travel to Russia and spend two weeks preparing for the Metropolitan Opera's planned HD presentation of Russia's national opera - *Boris Godunov*. Composed by Modest Mussorgsky, this opera is a landmark in musical drama. The composer concentrates on tightly connecting the Russian language to the musical line. He also includes the use of folk tunes. We will also discuss the issue of whether Boris Godunov or the Russian people are the major focus of the opera. We will take note of the vicissitudes of the opera's premier as well as comparing famous singers in the role of Boris. Lastly we depart for Germany and part one of our year long survey of Wagner's operas. This fall we will concentrate on Wagner's three early romantic operas: *Der fliegende Hollander* (The Flying Dutchman); *Tannhauser* and *Lohengrin*. In these operas, Wagner - building on previous operatic structure - brings romantic opera to its climax with *Lohengrin*. Join us as we explore these landmark operas from Italy, Russia and Germany. In all classes we will use audio and video selections as well as compare different singers where appropriate. Class will meet on September 21, October 5, October 19, November 2 and November 16.

**HOPE**, 5 Tuesdays, 6:30-9:00 pm. Begins September 21 and meets October 5 and 19 and November 2 and 16, Lexington High School, Room 240, \$170/Seniors \$135.

## **Masters of Percussion**

*Instructor: Malcolm Jacobs*

Unlike just about every other well known instrument, the Classical drum set is a unique creation of the United States. In this class we will take a look at the

history of the creation, compilation and development of the drum kit, and listen to/view on video a wide array of masters of percussion, all while being led in discussion by a master musician and educator. We will examine what makes each percussionist unique in approach, technique, and philosophy. We will come away with a better understanding and appreciation for the harmonic and rhythmic quality of music, and the percussion masters that give a foundational heart (and contribute to) melodies and maestros across genres (with special attention given to jazz, jazz fusion, and rock). From Buddy Rich, Tony Williams, Max Roach, Elvin Jones, Mitch Mitchell and Ginger Baker, to Ra Kalam Bob Moses, Terri Lyne Carrington, Neil Peart, and Trilok Gurtu, find out why the drum stands at the center of what makes musicians groove and listeners move.

**HPOM**, 6 Thursdays, 7:00-8:30 pm. Begins October 7, Lexington High School, \$65/Seniors \$55.



*Richard Vacca teaches Herb Pomeroy's Jazz Orchestra: Band in Boston, this page.*

## **NEW** Herb Pomeroy's Jazz Orchestra: Band in Boston

*Instructor: Richard Vacca*

Herb Pomeroy was a major presence on the Boston music scene for more than 50 years, from the glory days of the Stable in the 1950s to Scullers Jazz Club in the 2000s. He worked in jazz clubs, concert halls, and theater pit bands; at the Newport Jazz Festival; on television; and in Berklee College classrooms. But Pomeroy may be best remembered for his exciting, hard-swinging big bands.



*Rock 'n' Roll History with Staff from GoGo Allegro School of Music, this page.*

This slide talk explores the life and times of Herb Pomeroy, his orchestra, and the Boston nightlife scene through rare photos and ephemera. Richard Vacca, author of *The Boston Jazz Chronicles: Faces, Places, and Nightlife 1937-1962*, and co-author with Fred Taylor of *What, and Give Up Showbiz?*, has been writing about Boston's nightlife scene and its jazz history for fifteen years. He writes regularly on these topics on his website, richardvacca.com.

**HERB**, 1 Thursday, 7:00-8:15 pm. Meets September 30, Lexington High School, \$15.

## **Rock 'n' Roll History**

*Instructor: Staff from GoGo Allegro School of Music*

Study one of the most popular and influential genres of all time through listening, video and live demonstrations. We will begin with Rock 'n' Roll roots in the blues of the south in the early 1900's and progress through time until today. Students will learn the most influential rhythms, melodies and figures in this amazing genre. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

**MROCK**, 6 Tuesdays, 11:00 am - 12:00 pm. Begins September 21, Hancock Church or Zoom, \$125.

## Private Music Instrument Lessons for Every Age and Level on Zoom

LCE provides excellent, convenient, and reasonably priced individual music lessons with highly qualified professional musician teachers for all interested students and adults. The following instruments are available for individual study: Baritone Horn (Euphonium), Bass, Bassoon, Cello, Clarinet, Electric and Acoustic Guitar, Flute, French Horn, Guitar, Oboe, Percussion (Drums/xylophone), Saxophone, Sitar, Trombone, Trumpet, Tuba, Ukulele, Upright Bass, Violin or Viola, and Voice. Lessons are held in the afternoon and evening on Zoom. Each semester contains approximately 16 lessons. Students must arrange convenient weekly lesson times with the instructor. The length of lessons per week can be: 30 minute, 45 minute, or 60 minutes. To register: Call the LCE office and we will put you in touch with our music teaching staff. Saturday morning lessons are also available.

**For info about LCE Music teaching staff, please visit: <https://lexingtoncommunityed.org/music-instrument-lessons/>**



**Annina Hsieh, Voice,**  
Beginning Piano



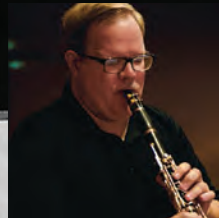
**Ben Fox**  
Oboe



**Immei Wong**  
Violin



**Simone Cartales**  
Violin, Viola



**Bill Kirkley**  
Clarinet



**Allan Espinosa**  
Violin, Viola



**Brian Kane**  
Saxophone



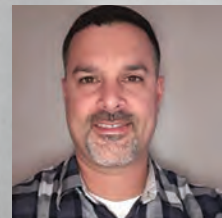
**Ellen Donohue-Saltman**  
French Horn



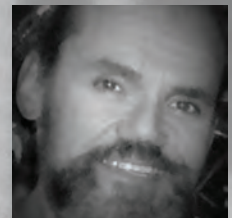
**Greg Gettel**  
Trumpet



**James Lattini**  
Percussion/Drum Set



**Jason Yost**  
Guitar / Bass / Ukulele



**Robert Butler**  
Guitar



**Jerry Vejmla**  
Sax, Clarinet



**Jessica Lizak**  
Flute



**Jobey Wilson**  
Tuba/Euphonium



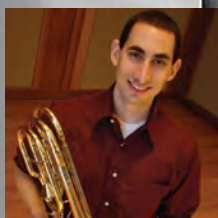
**John Claybourne**  
Drums



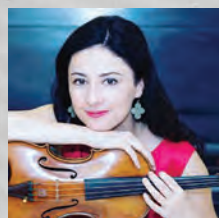
**Nancy Radnofsky**  
Clarinet



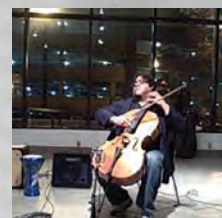
**Ona Jonaityte**  
Flute



**Phil Hyman**  
Trombone/  
Euphonium



**Raluca Dumitrache**  
Violin/Viola



**Robert Rivera**  
Cello and Bass Guitar



**David Whetstone**  
Sitar

# Music Performance/ Theatre Arts

## Opera and Wine Pairing

*Instructor: Annina Hsieh*

Are you a fan of opera music? Do you enjoy learning about and tasting wine? We have partnered with Violette Wine Cellars to bring you this class to indulge your senses - all from the comfort of your own home! Each week we will explore how a type of wine compliments a specific opera scene/aria and the ways in which wine and music combine to elevate each other. The class will serve as an introduction to opera and natural wine history. We hope to introduce you to new wine and new music in a fun way. In addition to the price of the class, students can purchase the course wine package (four bottles of wine) directly from Violette Wine Cellars store in Cambridge. The wine package is \$85.

**Curbside Pick Ups:** Tuesday-Saturday 12pm-5pm at 1 Belmont St. in Cambridge (attached to Sofra Bakery). To place your order email [info@violettwine.com](mailto:info@violettwine.com) or call 617-876-4125 in advance to let them know you want the "Lexington Opera and Wine Package." When you arrive for pick up, call them at 617-876-4125, and they will bring your order outside. *Students may also acquire alternative wine for the course independently. Email: [LCE@lexingtonma.org](mailto:LCE@lexingtonma.org) for the course wine list.*

**HOWP**, 4 Wednesdays, 7:00-8:30 pm. Begins October 6, Zoom, \$75/Seniors \$55.

## How Was That A Hit?

*Instructor: Gregory Leschishin*

This class discusses and illustrates how pop music of the 1960s through the 1980s became hits. The charts were determined by airplay and sales calculated by methods over which only a few people had control. Hundreds of songs were released by many independent record labels seeking the opportunity to snag a hit. Some were natural hits; others were by accident or luck or both! *Cash Box Magazine* was one of the prominent music publications that Dick Clark, Solid Gold and Rick Dees' Weekly Top 40 used to count down the hits. Relive and rediscover your 45 collection with this fun class!

**HHOW**, 5, Thursdays, 7:00-8:30 pm. Begins October 28, Zoom, \$80.

## Structuring Your Speech

*Instructor: Poornima Kirby*

Many public speaking classes focus on your delivery; how you stand, move, make eye contact, and whether you engage your audience! But to step on stage (or on screen!) with confidence and poise, you also need a well structured speech. In this workshop, we will explore some essential tools for structuring a compelling speech or presentation. Whether you'll be speaking off-the-cuff for five minutes at the start of a meeting, or giving a speech before a large audience, these principles will help you communicate clearly, and reach your audience! We'll go over the use of rhetoric, how to use metaphor, how to build transitions, and how to craft effective beginnings and endings to your speeches. We'll also look at examples of great speeches from the past and present to understand what makes them work. Students are encouraged to bring speeches or presentations they are working on for this practical, collaborative and informal workshop. Think of this class as speech carpentry; together we'll understand how a great speech is put together.

**HYSY**, 1 Monday, 6:00-9:00 pm. Meets October 4, Zoom, \$40/Seniors \$30.

## **NEW** Preparing to Perform

*Instructor: Poornima Kirby*

How do you get ready to perform your best? Whether you're about to give a big speech or presentation at work, have a difficult conversation with a friend, or try out a new song at karaoke, we all encounter situations where we need to "perform." But we may not always have the tools to prepare ourselves for these moments physically, mentally, and emotionally. If you're looking to discover or refresh your preparation techniques, this welcoming, low-pressure workshop is for you! Actress and teacher Poornima Kirby will share some of the key techniques that actors use to prepare their bodies, minds, voices, and hearts for the challenging act of stepping out on stage to perform. We'll explore and discuss video excerpts from great actors, musicians, athletes and thought leaders on how they prepare to perform their best. And students will be encouraged to share preparation techniques that work well for them. Each student will leave with a refreshed toolkit for preparing to meet the performance challenges they may encounter in their daily life and work!

**HPLA**, 1 Monday, 6:00-9:00 pm. Meets November 1, Zoom, \$40/Seniors \$30.



Poornima Kirby teaches *Preparing to Perform*, this page.

## Songwriting/Composition Workshop

*Instructor: Staff from GoGo Allegro School of Music*

Learn how to artistically craft your own music! We will discuss a wide variety of tools and genres including song form, chord progressions, melodic ideas ranging in styles from jazz to country to pop. These ideas can be applied to any instrument or voice. Optional: bring primary instrument with you to class. This class is being offered in-person and on Zoom. Please note: this class is offered simultaneously in-person and on the Zoom Platform. Please indicate how you plan to participate upon registration.

**MSONG**, 6 Wednesdays, 11:00 am-12:00 pm. Begins September 22, Hancock Church or Zoom, \$125.

## Music Improvisation Workshop

*Instructor: Staff from GoGo Allegro School of Music*

Learn to spontaneously compose music! Improvising is one of the most important musical skills to have and one of the most difficult to obtain. Through study of different approaches of prominent players, classic melodies and ideas, students will build the foundation in soloing and composing on the spot. Please bring your primary instrument with you for these classes so we can learn to improvise together in class on the instrument you are most comfortable with.

**MMPR**, 6 Wednesdays, 11:00 am-12:00 pm. Begins November 3, Hancock Church, \$125.

## Learn Guitar in the Style You Want to Play

*Instructor: Robert Butler*

For centuries, the music of the guitar with its rich colorful melodies and rhythms has had an inspiring and profound effect on people of all ages and cultures. Learning in a relaxed yet structured approach, students of teacher guitarist Robert Butler will gain confidence through their success at achieving their musical goals. Mr. Butler engages his students with a diverse curriculum of music genres from Classical, Pop/Rock, Blues, Ethnic, and Folk styles. Through classroom demonstrations and individual instruction, you will learn the

essential fundamentals through advanced skills of melodic and rhythmic guitar technique. Each student should have an acoustic or electric guitar. All music charts and diagrams will be provided. Lifelong guitarist Robert Butler, has been a teacher of the arts, performer, composer and is a mentor to students of all levels and learning styles. He studied Instrumental Performance of the Guitar at Berklee College of Music and Music Theory at Boston University.

**MRGW**, 4 Thursdays, 6:30-9:00 pm. Begins September 23, Lexington High School, Room 224, \$120/Seniors \$110.

**M2GRW**, 4 Thursdays, 6:30-9:00 pm. Begins October 28, Lexington High School, Room 224, \$120/Seniors \$110.



**DAYTIME MEMOIR WRITING**  
with Tom Daley, this page.

## Beginning Ukulele

*Instructor: Robert Rivera*

Have you ever wanted to learn how to accompany yourself and others on the Ukulele? Maybe you already know the basics of the Ukulele but you want to improve? The Ukulele is a small 4-string, guitar-like instrument native to Hawaii, and its sound reflects the happiness and joy of life on the island. Bring your own instrument and come learn different playing techniques, chords, and musical styles on the Ukulele!

**MBUK**, 4 Thursdays, 6:30-8:00 pm. Begins September 30, Lexington High School, \$65/Seniors \$55.



Annina Hsieh (pictured singing above) teaches Opera & Wine Pairing, page 14.

*Whether it originates from memory or fantasy, takes shape as poetry or prose, our expert writing staff will help you get your word out.*

## Memoir Writing

*Instructor: Tom Daley*

*Memory is not an instrument for exploring the past but its theatre. — Walter Benjamin*

Whether you intend to share your written remembrances with family and friends or a broader audience, you will find this a collegial and supportive workshop in which optional weekly exercises will help you to transform the rich material of your life into unique works of art, including memoir pieces, personal essays and even the beginning of a book-length memoir. All work will be written outside of the workshop and brought for a critique by other participants and the instructor, during which time techniques for better writing will be explored. Bring nine copies of something you have written of a memoir nature—a journal entry, a paragraph describing a relationship, a letter recounting some memorable incident in your life—to the first meeting of the workshop. The piece should be 750 words or less.

**WMEM**, 7 Wednesdays, 4:00-6:00 pm. Begins October 27, Zoom, \$175/Seniors \$135.

## Daytime Memoir Writing

*Instructor: Tom Daley*

*Memory is not an instrument for exploring the past but its theatre. — Walter Benjamin*

Whether you intend to share your written remembrances with family and friends or a broader audience, you will find this a collegial and supportive workshop in which optional weekly exercises will help you to transform the rich material of your life into unique works of art, including memoir pieces, personal essays and even the beginning of a book-length memoir. All work will be written outside of the workshop and brought for a critique by other participants and the instructor, during which time techniques for better writing will be explored. Bring seven copies of something you have written of a memoir nature—a journal entry, a paragraph describing a relationship,

a letter recounting some memorable incident in your life—to the first meeting of the workshop. The piece should be 750 words or less.

**W2MEM**, 7 Fridays, 12:30-2:00 pm. Begins October 22, Zoom, \$150/Seniors \$115.

## Poetry Writing Workshop

*Instructor: Tom Daley*

*Poetry is not only dream and vision; it is the skeleton architecture of our lives. It lays the foundation for a future of change, a bridge across our fears of what has never been before. – Audre Lourde*

Poetry writing, largely, is a solitary endeavor. This workshop will provide the opportunity for poets, both beginning and practiced, to share their work with other poets in a collegial and supportive environment. We will concentrate on sharpening the impact of your poems through careful consideration of their strengths and their limitations. Optional take-home writing exercises will give you the opportunity to explore the myriad forms poetry can take. Be prepared to share a recent poem (no more than two pages long) at the first session. Please note: there is no class on September 15.

**WPWW**, 7 Wednesdays, 6:30-8:30 pm. Begins September 8, Zoom, \$175/Seniors \$135.



### WRITING CLASSES FOR CHILDREN & TEENS

with Jamie Magid, p. 29

## NEW Figuratively Speaking: Creative Expression with Metaphor

*Instructor: Tracy Marks*

Metaphors and similes enliven our thinking, speaking, writing and visual expression. Discussing written examples and doing practice exercises, we will expand our capacity for metaphorical thinking and writing. Although this course is oriented toward writers, it is also likely to be helpful to artists and anyone wishing to become more adept at generating effective and inspiring similes and metaphors.

**WMET**, 3 Tuesdays, 6:30-8:30 pm. Begins November 23, Zoom, \$70/Seniors \$55.

## Writing Short-Form Poetry: Cinquains, Clerihews and More

*Instructor: Tracy Marks*

Whether you have never written a poem or you are an experienced poet, you can easily express yourself creatively by writing traditional short-form poetry of 2-6 lines. In this course you will learn about and write in nine different forms from all over the world, most based on counting syllables. Have fun discovering your talent for writing such forms as haikus, tankas, cinquains, shadormas, sijos, tercets, quatrains, clerihews, and landays, the poetic form of Afghan women. Class meets online via Zoom.

**WSTU**, 5 Tuesdays, 6:30-8:30 pm. Begins September 21, Zoom, \$105/Seniors \$85.

## NEW Haibun Heartbeat: A Writing Journey

*Instructor: Cathie Desjardins*

Expand your writing with the innovative and flexible form of haibun. In his travel journals, the Japanese master Basho would write descriptions or narrative, then distill his experiences into a haiku, alternating prose, haiku, prose, haiku. In modern haibun incarnations, the prose might be memoir, nonfiction, stories, or news events alternating with traditional haiku or just some short unstructured lines. Expand your imagination and try out multiple ways into a topic in one tidy package. We'll look at modern aficionados as well as classics as models to generate our own meaningful, playful insights.

**WHAI**, 6 Thursdays, 6:30-8:30 pm. Begins September 16, Zoom, \$120/Seniors \$100.

## An Introductory Haiku Workshop

*Instructor: Brad Bennett*

Celebrate the extraordinary in the ordinary with the most popular poetry form in the world! Haiku connects us more deeply to the natural world and can provide solace in difficult times. In this three-part on-line class, we will learn about the history and key elements of haiku, including concision, a seasonal setting, and the juxtaposition of concrete experiences. Using writing prompts, we will also try our hand at writing some haiku poems. Everyone is welcome to this fun and supportive workshop, beginners and folks who have written haiku before.

**HHAI**, 3 Tuesdays, 6:30-8:00 pm. Begins September 14, Zoom, \$55.

## NEW An Intermediate Haiku Workshop

*Instructor: Brad Bennett*

Haiku, the most popular form of poetry in the world, connect us more deeply to the natural world and can provide solace in difficult times. This supportive writing workshop is designed for folks who have taken haiku classes or have written haiku previously. In this six-part on-line class, we will wade further into the haiku pond. We will learn more about key elements of haiku, including concision, the haiku moment, seasonal words, and the juxtaposition of concrete experiences. We will also study other related Japanese forms of poetry, including tanka (a five-line poem that preceded haiku), haiga (haiku linked with visual art), haibun (haiku linked with prose), and tan renga (a five-line poem often written by two people). Using writing prompts, both in-class exercises and ones that are designed as opportunities to enjoy being outside between classes, we will write haiku and other forms and workshop them together, if people so desire.

**HINH**, 6 Tuesdays, 6:30-8:00 pm. Begins October 5, Zoom, \$95.



Introductory or Intermediate Haiku Workshop, with Brad Bennet, this page.

# Fine, Fabric and Graphic Arts

## Drawing: Observation, Property & Technique

Instructor: Linda Balek

Each session will cover different aspects of drawing. We will examine property, observation, technique and/or method to make you a better artist. You will then practice these lessons and skills by doing an exercise to understand each lesson better. The instructor will email you study materials for you to print and use during the lessons. Please have your drawing utensils and paper ready before logging into class, and position the camera from your laptop, tablet or phone position so that the instructor can see your paper.

**AOPD**, 5 Tuesdays, 10:00-11:30 am.  
Begins October 5, Zoom, \$82/Seniors \$70.



Linda Balek teaches Drawing: Observation, Property & Technique, this page.

In his book "The Art Spirit" American painter Robert Henri writes, "To apprehend beauty is to work for it." LCE invites you to work, apprehend, enjoy and ultimately add to the beauty of the world through our many art offerings.

## Fundamentals of Drawing

Instructor: Susan Dahl

This course imparts skills you need for drawing realistically. Both beginning and experienced artists benefit from the review of basic concepts such as line, form, texture, and composition. In addition to basic concepts and depending on class interest, we will cover landscape and perspective, figure and portrait drawing, and drawing from nature. Weekly sessions via Zoom will provide time for drawing assignments that make use of everyday objects in your own home. Materials for drawing are simple and readily available: you probably already have paper, a pencil or pen, and an eraser. A list of additional, optional supplies will be sent to each registrant.

**AFOD**, 8 Wednesdays, 12:30-2:30 pm.  
Begins September 29, Hancock Church,  
\$165/Seniors \$140.

## Charcoal Painting Art Studio: Human Figure for Adults

Instructor: Alma Bella Solis

Drawing the human form is the most enduring theme in fine arts and likewise the most challenging. In this 6-week course, you will render your chosen art subject using charcoal pencils and sticks. On the first day, please bring a photograph of your chosen person, or your subject found in another art medium. With your artistic talent you will compose a complete work of art using outline, contour, shading/blending, and detailing on your paper drawing pad. Training of the eye is coached in producing the work in proportion and perspective following the two canons of Renaissance art, e.g. chiaroscuro, cangiante, and tenebrism. Rendered works could be formal portraits or multiple human figures adapted in Realism. A list of suggested materials can be found on the LCE website.

**ALMS**, 6 Fridays, 3:30-5:30 pm. Begins September 17, Zoom, \$135/Seniors \$115.

## **NEW** Harvest and Celebrations in the Chinese Brush Style

Instructor: Son-Mey Chiu

The exuberant summer has gone; now come the festive seasons of harvest and year-end celebrations. Come and learn how to use the Chinese brush/graphic technique to render fall and winter objects such as Corn and Squash; Chrysanthemum and Sunflower; Bittersweet and Amaryllis. We shall also learn how to paint insects such as Cricket or birds such as Cardinal. We shall begin with a short practice of either the basic strokes of Chinese calligraphy that form the basis of Chinese brush painting, or, the basic ink strokes of a bamboo painting. During each lesson, students can first study the real products from home (e.g. corn) or to view the objects from photographs. After a demonstration from the instructor, students will practice and complete their weekly painting with instructor guidance. Beginning and returning students are welcome. The supply list for this class can be found on the LCE website.

**ACBP**, 4 Mondays, 1:00-3:00 pm. Begins September 27, Room TBD, \$125/Seniors \$105.



**ACRYLIC PAINTING FOR BEGINNERS & INTERMEDIATES**  
with Donna Calleja, p. 18

## Graphic Design

Instructor: Damian Barneschi

Graphic Design provides an introduction to the fundamental principles of typography, color theory, and layout as well as the theories behind effective visual messaging. Through the use of design software including Adobe Photoshop and Illustrator, students will demonstrate an understanding of industry standards, while producing personal work that expresses their individual and creative voice.

**AGRA**, 6 Wednesdays, 6:30-8:30 pm.  
Begins October 27, Zoom, \$175/Seniors \$135.



**DRAW & PAINT PET PORTRAITS (GRADES 6-9)**  
with Robert Butler, p. 30

## Watercolor

Instructor: Ivan Orlinsky

This class is for both beginners and artists who have some experience with watercolor. We will begin with an overview of the history of watercolor as a medium, successful watercolor painters from the past and present and getting acquainted with the materials and supplies we will be using. Our first exercise will be laying a flat wash. In subsequent classes we will work on different techniques such as wet on wet, value studies, layering, mixing colors, what colors to include on your palate, and a brief overview of the qualities of water color paint such as transparent, semi-transparent and opaque. There will be a 20 minute warm up exercise at the beginning of each class. Please bring the following materials to the first class: Paints: Cadmium yellow deep; Lemon yellow; Cobalt blue; French Ultramarine blue; Cerulean blue; Prussian blue; Cadmium red; Vermillion; Burnt Sienna; Yellow Ochre and Payne's grey. Brushes: Bring what brushes you have; #8 #10 round and a one inch flat is recommended. Paper: Good quality watercolor pad; 12" x16". Palette: White china plate or a butcher tray. Other supplies: Two or three jars for holding water, Rags, paper towel, an HB pencil, kneaded eraser. Please bring a photo of your choice as a reference to paint.

**AWATE**, 6 Mondays, 6:30-8:30 pm. Begins September 13, Zoom, \$135/Seniors \$115.

### **NEW** Watercolor: *En Plein Air*

Instructor: Ivan Orlinsky

*Plein air* or (related to painting outdoors in daylight) was a way of painting used by many of the Impressionist painters such as Monet, Renoir and Degas. Water color is a great medium for painting *plein air* as you are able to quickly capture the light and feeling of what you see. Many artists use their *plein air* painting for further work at home. We will execute a few five minutes studies to decide on composition and color value and then you can work on a more finished painting. In addition to the regular supply list, I would suggest the following items: A portable easel (if you do not have this, you can work on a board); A comfortable folding chair; A hat and suntan lotion and Drinking water. Regular supply list: Watercolor tubes or



Son-Mey Chiu teaches *Harvest and Celebrations in the Chinese Brush Style*, page 17.

pens, colors: Cadmium and lemon yellow, Cobalt and Cerulean blue, Cadmium and Vermillion red, Burnt Sienna and Paynes grey. Brushes: Number 10 and 12 round and a few flat brushes, ½ and 1 inch. A palate of your choice, a few rags and two containers for water.

**DWAT**, 4 Mondays, 10:00 am-12:00 pm. Begins September 13, Follen Church, 739 Massachusetts Ave., \$90/Seniors \$75.

## Oil Pastel Art Studio

Instructor: Alma Bella Solis

Using a combination of charcoal pencils and chalks, or dry pastel pencils and chalks, you will produce your own compositions interpreting subjects ranging from still life to human figures. You'll learn drawing methods including outline, contour, shading, blending, detailing and connectedness and explore perspective, proportion, and more. Class size is limited to 7 students. Please see the LCE website for a list of supplies to be purchased prior to the first class.

**ACHR**, 6 Wednesdays, 3:30-5:30 pm. Begins September 22, Zoom, \$135/ Seniors \$115.

## Acrylic Painting for Beginners and Intermediates

Instructor: Donna Calleja

Students will learn about a variety of painting styles while practicing techniques

in acrylic painting. We will review color mixing, composition, under painting and paint application techniques. Students will work to develop a personal painting style to interpret in an original acrylic landscape or still life painting. The class will combine teacher demonstration with work time devoted to individual instruction. Please indicate when registering whether you will be participating in class in-person, or via Zoom. The supply list for this class can be found on the LCE Website.

**ADAC**, 6 Thursdays, 10:00 am - 12:00 pm. Begins September 23, Room TBD or Zoom, \$125/Seniors \$110.

## Wool Felt Making

Instructor: Elizabeth Stubbs

We will explore both wet and dry (needle) felting techniques through weekly projects. This class is suitable for adults with some previous felt making experience, but beginners are welcome. Each week includes instruction and a demonstration as projects are introduced and help is available as needed during class time. It is likely that students may need to work on their own to complete some projects between classes. All tools and supplies will be provided and a materials fee of \$40 is to be paid directly to the instructor at the first class.

**AFELT**, 6 Mondays, 1:30-4:30 pm. Begins September 27, Location TBD, \$185/ Seniors \$150.

## **NEW** Fall Wreath Workshop

*Instructor: Jess Myles, Codman Farms Educator*

Join us at Codman Farm to celebrate the bounty of fall harvests with a colorful wreath workshop! Using dried flowers, foliage, and seed pods from the farm, each participant will learn how to create a unique wreath (about 16" in diameter) to hang on your door or in your home for many seasons. Codman Farm's in-house instructor is Jess Myles, who has years of experience as a farmer-florist and educator, and loves sharing her passion for flowers in all forms. The cost of the workshop includes all materials, tools needed, and farm snacks.

**AWREATH**, 1 Saturday, 10:00-12:00 pm. Meets October 9, Codman Farm, \$95.



*Jess Myles of Codman Farms Education teaches Holiday Wreath Workshop, this page.*

## **NEW** Holiday Wreath Workshop

*Instructor: Jess Myles, Codman Farms Educator*

Join us at Codman Farm to get into the holiday spirit with a winter wreath workshop! With fresh, locally harvested greenery, and dried decorative elements from the farm, each participant will learn how to create a beautiful wreath (about 18" in diameter) from scratch to hang on your door or in your home for the holidays. Codman Farm's in-house instructor is Jess Myles, who has years of experience as a farmer-florist and educator, and loves sharing her passion for flowers in all forms. The cost of the workshop includes all materials, tools needed, and farm snacks.

**AHYWR**, 1 Saturday, 10:00-12:00 pm. Meets November 27th, Codman Farms, \$95.

## **NEW** Origami for Adults

*Instructor: Linda Perry*

This haiku called Origami says it all:

*No cutting, no glue,  
Mostly one sheet of paper,  
Wonderful results.*

We will start with some basic folds, moving onto lips that kiss and two links made from one piece of paper. Modular origami and more complex folds will be introduced as time allows. Along the way you will see the amazing ways origami is used in construction, medicine and even outer-space. A materials fee of \$6 is payable to the instructor at the first class.

**AORI**, 3 Thursdays, 6:30-8:30 pm. Begins September 23, Lexington High School, \$65/Seniors \$55.



### **LIGHTING FOR PERFECT PICTURES**

*with Scott Metzger, p. 20*

## Paper Window Stars (for children 9+ or Adult/Child 6-9) Workshop

*Instructor: Kristin Bray*

Enliven your windows, even on a gray day, with layers of color as the sun shines through your paper stars. Using translucent kite paper and a little bit of glue, we will fold and join the paper to make paper stars. The finished stars can adorn windows, walls or cards. Materials kits containing written instructions and enough kite paper to make several stars will be supplied. Prepare a clean, flat work space and have a glue stick or white glue and a toothpick handy and enjoy a relaxing afternoon creating. Class is appropriate for children age 9+ or for children age 6-9 with an adult. Materials will be available for pick up at Homespun (the school store of the Waldorf School of Lexington, 703 Massachusetts Avenue) or at the LCE office prior to the workshop. The \$5 materials fee can be paid in cash or by a check made payable to Homespun. Shipping can be arranged by special request at an additional cost, with adequate notice. Tuition is for one child (age 6-9)/adult pair, or one individual.

**KWST**, 1 Saturday, 3:00-4:00 pm. Meets December 11, Zoom, \$15 (for one individual or adult/child pair).

## An Introduction to Metalsmithing

*Instructor: Kareenna Maraj*

Come and learn how to make beautiful jewelry with an introduction to metalsmithing techniques! You will be guided the first day on basic techniques; how to solder, file, hammer, and make bangle bracelets. The next two sessions will be spent using your new skills to make rings, earrings, and pendants. We will use stamps, set stones and learn wire wrapping, just to name a few examples of skills. Silver is available for a small additional fee. While this class is geared toward beginners, students with some previous experience will work on perfecting skills and learning new techniques. Class is limited to six students. Please bring your reading glasses if you wear them.

**AITM**, 3 Tuesdays, 6:30-8:30 pm. Begins October 19, Kareenna Maraj Jewelry Collection, 95 Trapelo Road, Belmont, \$125.

## On the Town: Boston Nightlife at Mid-Century – A Daytime Walk through the Theatre District

*Instructor: Richard Vacca*

Where did Bostonians go for live entertainment from the 1940s through the 1970s? They went downtown, to enjoy lively jazz clubs, Broadway tryouts, and nightclub floor shows. Lexington Community Education invites you to join author Richard Vacca on a downtown walking tour that traces the footsteps of Bostonians at play in decades past. The walk wanders where the lights were brightest, through the Theatre District and neighboring Bay Village—an area once so dense with nightclubs, it was nicknamed "the Conga Belt." We'll visit long-shuttered night spots like the Tic Toc, Rio Casino and Latin Quarter, and meet jazz masters, Broadway actors, pop singers, stand up comics, and a gangster or two. This is a stroll through four decades of Boston's entertainment history, when a whole style of nightlife flowered and faded, the color line came down, and redevelopment dramatically altered the area. **Richard Vacca** is author of *The Boston Jazz Chronicles: Faces, Places, and Nightlife 1937-1962*, and co-author with Fred Taylor of *What, and Give Up Showbiz?* [www.richardvacca.com](http://www.richardvacca.com).

**HBBH**, 1 Saturday, 10:00-11:30 am. Meets Saturday, October 9 (rain date Saturday, October 16), Meet at Boston Common at the corner of Boylston and Tremont Streets, Accessibility: Fully accessible; route follows city sidewalks, \$25.

## Photography: The Basics and Beyond

*Instructor: Scott Metzger*

Great photographs are created through the right mixture of angle, light, subject, story, and spirit. To capture all of these ingredients in the snap of a shutter, a photographer needs the skill set to potentially assess, frame, and shoot in a fraction of a second. In this class, we will stock our photographic “tool box” through studying the essential elements of taking a great picture. We will explore documentary, lighting, the rule of thirds, camera and computer processing equipment, and composition. We will also examine ways to manage workflow and the particulars of portrait, landscape and commercial photography. By the end of the class, students will feel more comfortable with their ability to make a stronger, more engaging photograph. Please bring your camera to class.

**APBB**, 4 Mondays, 7:00-9:00 pm. Begins September 13, Lexington High School, Room 222, \$88/Seniors \$66.

## Lighting for Perfect Pictures

*Instructor: Scott Metzger*

Often the most memorable photos are the most difficult to take. The lovely sunset, your smiling family in shade against a sunny backdrop, and many other instances when the lighting can be challenging. Sometimes a flash just isn't enough. In this class we will discuss the different types of light, natural and studio, and how they impact your photos. We will address techniques to compensate for less than perfect lighting including when to light, how to adjust your exposure for sunsets and the role of both on camera and off-camera lighting.

**APPH**, 1 Monday, 7:00-9:00 pm. Meets October 18, Lexington High School, Room 224, \$25/Seniors \$20.

## LCE & LexArt Collaborative Classes



*Instructors: LexArt artists and educators*

**Basic Claywork, at LexArt**, begins September 12

**Weave an Infinity Scarf, at LexArt**, meets September 28

**Wood Carving at LexArt**, begins September 23

**Hollow Forms Boxes, Vessels and Containers, at LexArt**, meets October 2

*Check out the full schedule, and complete descriptions, and registration info at [www.lexart.org](http://www.lexart.org).*

## Color Theory: How to Understand and Use It

*Instructor: Linda Balek*

Color and color theory form the foundation of art as well as design. This class will explore color theory, increasing your understanding and appreciation of the different ways that artists use color. There will be some hands on exercises with paint to demonstrate the different aspects of Chevreul's Colour Theory. You will go home with understanding the difference between hue, value and saturation and how to use all three to gain the effect you want.

**ACOL**, 1 Tuesday, 10:00-11:30 am. Meets November 9, Zoom, \$25.



## INTRODUCTION TO METALSMITHING

*with Karena Maraj, p. 19*

## Creating A Visual Autobiography

*Instructor: Annie Zeybekoglu*

All drawing is personal...each mark you make is a recording of who you are, how you think, what you care about, and your attitude in making it. Artists, like musicians, writers, choreographers, consciously (and unconsciously) develop a signature, a “voice” in which they feel most centered in expressing themselves. In this class, we will touch on different aspects of your personal visual voice – in an exploration of that most personal of

subjects, yourself. How you (and others) perceive you, what decisions you make about both the way you look, the way you relate to others, and the way you express the things that are important to you. Drawing is a never-ending process, just as is personal growth. The assignments in this class will suggest a “snapshot in time” – of who you are now, and how you got there. We each think differently, express ourselves differently, care about different things. There is not (and has never been) a single “right” way to visually express those personal priorities. In sharing them, we can engage in a conversation about what matters to each of us. We will introduce and explore different types and techniques of image-making, as each student finds his or her comfort zone, his or her “visual voice.” We will meet weekly for a 30-40 minute Zoom meeting, and you will be expected to spend a minimum of one hour per week on each assignment.

**ACVA**, 5 Thursdays, 10:00-11:30 am. Begins October 7, Zoom, \$90/Seniors \$80.



## CREATING A VISUAL AUTOBIOGRAPHY

*with Annie Zeybekoglu, this page*

## Drawing is Thinking

*Instructor: Annie Zeybekoglu*

How often have you said, “I can't draw!”? In this class, you'll discover how accessible drawing can be and how to express your thoughts visually. Everyone knows we each perceive our world differently. Indeed, the way an artist thinks is revealed in the way they draw. Through simple exercises like “Connect the Dots” and “What's in a Doodle?”, as well as in conversations about artistic trends, the styles of well-known artists and a chance to try out different drawing techniques, you will learn to express your individual views. In addition to shared weekly Zoom sessions, you will have an opportunity to get individual feedback on your visual response to each lesson. As anyone who has ever given a crayon to a child knows, the urge to “make a mark” is instinctive. As you explore the world of drawing and what excites you, you will learn new ways to express your unique vision.

**HADT**, 5 Fridays, 10:00-11:30 am. Begins October 8, Zoom, \$90/Seniors \$80.

# ELL/Languages

## Designing and Making Paper Quilts

*Instructor: Annie Zeybekoglu*

Quilt design and quilt-making are among the most treasured of American Craft traditions. Their imaginative designs range from the more traditional (log cabin, patchwork, double-ring patterns) to the unique creations of the women of Gee's Bend, or the imaginative variations designed by con-temporary quilt makers. It is a tradition that embraces wonderful social aspects as well: the gatherings or "quilting bees" where quilters meet to collaborate on the making of a quilt, not to mention the functional use of quilts bringing comfort to one's home. In this class, you will discover how these beautiful designs can be created from paper to display as wall art. You may decide to use a time-tested traditional pattern or to design a pattern of your own. Using your template as "pattern pieces", you will have the fun of selecting decorative papers, magazine or catalog cuttings, or even type samples, that can be used in imaginative combinations. After creating a 12" square, you will be able to repeat the process as many times as you'd like to create a wall decoration.

**AMPO**, 5 Tuesdays, 10:00-11:30 am.  
Begins October 5, Zoom, \$90/Seniors \$80.



*Beyond Beginning Spanish with Susannah Tesoriero, this page.*

As a program of the Lexington Public Schools, indoor, in-person LCE classes, and in-person events at our *off-site* (non LPS) locations will require mask wearing. This includes students, teachers and staff. We look forward to a safe and successful fall term!

*No matter where you travel in the world, communication is the key to success. Our courses are taught by instructors who both speak well and teach well in multiple languages.*

## Beginning Spanish

*Instructor: TBA*

¡Hola! This beginner course is for adults with little or no prior knowledge of Spanish. In this dynamic classroom environment, students will learn basic vocabulary, pronunciation and present tense verbs. Fun activities will include: dialogues, reading and writing exercises.

**LBGS**, 8 Thursdays, 7:00-8:30 pm. Begins September 30, Lexington High School, \$125/Seniors \$100.



## ITALIAN CONVERSATION

*with Francesca Bellini, p. 22*

## Beyond Beginning Spanish

*Instructor: Susannah Tesoriero*

This class is appropriate for students who have taken Beginning Spanish, or its equivalent.

**LBTS**, 8 Tuesdays, 6:30-8:00 pm. Begins September 21, Zoom, \$125/Seniors \$100.

## Conversational Spanish for Intermediates

*Instructor: Magnolia Rios*

*Bienvenidos!* Join this lively Spanish conversation class, led by an enthusiastic native speaker, and move to the next level on your language fluency. This class is for students who wish to learn, practice and increase their fluency and proficiency of spoken Spanish. Each class will have a topic of conversation that will provide a framework for students to review and strengthen grammatical structures, as well as learning more about the culture of Spanish-speaking countries.

**LSPAI**, 10 Wednesdays, 6:00-7:30 pm. Begins September 22, Lexington High School, Room 224, \$145/Seniors \$130.



## LA HORA DEL CAFÉ, CONVERSACIÓN ABIERTA EN ESPAÑOL

*with Ric Calleja, this page*



*La Hora del Café, Conversación Abierta en Español with Ric Calleja, this page.*

## Camino a la fluidez en Español/ On the Road to Fluency in Spanish

*Instructor: Ric Calleja*

Designed primarily for students at the intermediate level who want to become more fluent in their ability to speak, read and write the Spanish language. This class may be useful to advanced students who want to reconnect with the language.

The course consists of three cycles where students progress through increasingly more advanced language. It places emphasis on vocabulary development and oral proficiency through thematic lessons, and solidifies the use of key grammatical structures. The students also read a variety of stories and listen to songs that will become the basis for discussions and become more aware of the cultural diversity of Spain, Latin America and the Hispanic / Latino communities of the USA.

**LDII**, 8 Thursdays, 10:00 am-12:00 pm. Begins September 23, Zoom, \$150/Seniors \$140.

## La Hora del Café, Conversación Abierta en Español

*Instructor: Ric Calleja*

¿Desea Ud practicar su español en un ambiente relajado y amistoso? Si la respuesta es sí, entonces este curso es para Ud. Pasaremos una agradable hora cada semana conversando sobre temas que interesan a los participantes. Así como pasa entre amigos que se reúnen para conversar en un café. PD Este curso requiere por lo menos un nivel intermedio alto de entender y hablar el idioma español. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

**LSCO**, 8 Fridays, 10:30 am - 12:00 pm. Begins September 24, Hancock Church or Zoom, \$115/Seniors \$105.

## Beginning Italian

*Instructor: Francesca Bellini*

Learn the basics of the Italian language in a fun welcoming environment! Our main goal in this class will be the acquisition of a basic knowledge of the language, with special attention to the development of the four linguistic abilities: listening, speaking, reading, and writing. We will use active class discussions, videos, music, readings, and games to build solid foundations for a lasting knowledge of the language. *"Nuovo Espresso 1, libro dello studente e esercizi"*, L. Ziglio, G. Rizzo, Alma Edizioni, is the book we will use in class. The book is available to purchase on Amazon or other online bookstores.

**LBIT**, 10 Tuesdays, 10:00-11:30 am. Begins September 28, Zoom, \$145/Seniors \$125.

## Advanced Beginning Italian

*Instructor: Francesca Bellini*

This class is the ideal follow up to our Spring 2021 Advanced Beginning Italian class, or equivalent. With each lesson you will sharpen your basic knowledge of the language, learning useful communication skills, building vocabulary, and deepening your grammar understanding. You will have the opportunity to practice your pronunciation, communication, listening, reading and writing skills with active exercises, readings and discussions.

*"Nuovo Espresso 1, Libro dello studente e esercizi"*, L. Ziglio, G. Rizzo, Alma Edizioni, is the book we will use in class along with handouts provided by the instructor. The book is available to purchase on Amazon or other online bookstores.

**LIAB**, 10 Tuesdays, 6:00-7:30 pm. Begins September 28, Zoom, \$145/Seniors \$125.

## Italian Conversation

*Instructor: Francesca Bellini*

This class is for students with intermediate to advanced knowledge of the Italian language. Here you will speak Italian and only Italian! We will explore different topics picking from the current news, the Italian way of life, traditions, history and Italian culture. In this class you will have the chance to immerse yourself in the modern Italian language in a fun and engaging setting.

**LDCO**, 10 Wednesdays, 12:00-1:30 pm. Begins September 22, Zoom, \$145/Seniors \$125.

## **NEW** Italian Conversation Through Film

*Instructor: Viola Torri*

Movies are an effective tool to develop and consolidate foreign language learning as we all remember more easily when we become emotionally involved and/or deeply interested in the acting and plot developments. Films present to language learners a rich audio-visual context, dynamic vocabulary, authentic dialogues, in addition to cultural and historical references. This course will feature a selection of famous Italian movies, both classic and contemporary, to introduce, build and reinforce a wide range of Italian vocabulary, some key grammatical structures, and idiomatic expressions. Students will practice in the context of the film, during open-ended exercises and discussions, and will engage in role-playing to help them improve pronunciation and proficiency. This course is appropriate if you know some basic Italian, understand some of the content you hear when spoken at normal speed, and want the opportunity to speak and dialogue in a relaxed, fun, and engaging atmosphere.

**LIFIL**, 8 Mondays, 6:00-7:30 pm. Begins September 20, Zoom, \$115/Seniors \$105.



*Karen Elsa Carstens teaches German Conversation, page 23.*

## Total Beginner French

*Instructor: Maurice Bombrun*

Total Beginner French is for students and travelers with no or "forgotten" French knowledge. The course introduces basic pronunciation, grammar, and vocabulary to build the foundation of the language in a fun environment, taking into consideration each student's

requirements and questions. Students will learn to communicate simple concepts in French through numerous exercises. Pronunciation, reading, listening and speaking are the focus of the class for a progressive learning experience. Please purchase the college-level textbook online or from a bookstore prior to the first class: *Contacts, Valette/Valette*, 8th Edition, with in-text audio CD if possible.

**LDBF**, 12 Fridays, 9:30-11:30 am. Begins September 17, Zoom, \$264.



*Maurice Bombrun teaches Total Beginner French and Beginner French I, this page.*

## Beginner French I

*Instructor: Maurice Bombrun*

If you have some or long-since-forgotten basic knowledge of French, this class is for you. In the Beginner French I level course, we will assume that some basic concepts of pronunciation, grammar, and vocabulary have been studied. Students will get familiar with new vocabulary, grammar rules, verbs, and expressions through exercises to review and build on the foundation with focus on pronunciation, simple vocabulary and basic grammar. Students will learn masculine/feminine, singular/plural, adjectives, articles, possession, questions, demonstrative adjectives, present tenses of -ir and -re regular verbs, comparatives/superlatives. Our focus is shared among reading, listening, and oral exercises for a well-rounded, dynamic learning experience of everyday French. Please purchase the college-level textbook online or from a bookstore prior to the first class: *Contacts, Valette/Valette*, 8th Edition, with in-text audio CD if possible.

**LBF1**, 10 Thursdays, 1:00-3:00 pm. Begins September 23, Zoom, \$220.



Hongxing Zhang teaches Beginning Mandarin, page 24.

## Intermediate French

*Instructor: Maurice Bombrun*

Intermediate French is for students who have studied all basic concepts of pronunciation, grammar and vocabulary. The course quickly reviews the foundation to build upon and expand the language patterns and grammatical structures. Vocabulary is enhanced further through simple dialogues and conversation, readings, writings, exercises and translations. Verbs tenses are reviewed and more are presented. Students learn how to communicate with simple sentences in applicable situations. Spontaneous exercises are used to reinforce knowledge and detect areas for review. Students should purchase the CLE textbook "Grammaire Progressive du Français", M. Gregoire/O. Thievenaz, 2013, 3rd Edition, 680 exercices, available online or from a bookstore."

**LDIF**, 10 Thursdays, 3:30-5:30 pm. Begins September 23, Zoom, \$220.

**LINF**, 10 Thursdays, 7:00-9:00 pm. Begins September 23, Zoom, \$220.

## French Conversational Workshop

*Instructor: Maurice Bombrun*

In the Conversational French class, students learn how to maintain and practice French to stay fluent and improve conversational skills. The lessons include conversation, pronunciation, understanding, role/play, grammar and translation to reinforce the learning

process. We focus on giving students the opportunity to speak in French. We use articles from the news, student-submitted documents and literature to expose students to a variety of real-life and everyday French language topics. No textbook required.

**LFCW**, 10 Thursdays, 9:30-11:30 am. Begins September 23, Zoom, \$220.

## French Conversation through Literature

*Instructor: Maurice Bombrun*

This class assumes working knowledge of French. Students, who provide input for the curriculum, learn about the history of the French language since 842 and literature through the centuries, with a special focus on 17th century French classical literature. We also study key 18th century trends and authors in the Age of Enlightenment. The 19th century was the century of Romanticism, Realism and Naturalism. We examine the main 20th century trends of Surrealism, Existentialism, "Nouveau Roman", and Absurdism theater. We finally look at emerging 21st century trends and main authors. Students read and discuss texts and articles to maintain and improve their comprehension and conversation skills while learning from authors and writers. No textbook required.

**LFPL** 12 Fridays, 1:00-3:00 pm. Begins September 17, Zoom, \$264.

## French Language & Conversation Through Film

*Instructor: Karen Girondel*

Film transports us to another place, another time and another life. Film provides language learners with a rich audio-visual context, along with dynamic vocabulary, idiomatic expressions, authentic dialogue, in addition to cultural and historical references. This course will feature presentation of vocabulary and some key grammatical structures which students will practice in the context of the film, as well as open-ended exercises, activities, discussions, and role-playing designed to help them improve their proficiency. Listening and speaking skills will be emphasized in this class rather than reading and writing. This course is for you if you know some basic French, understand some of what you hear when

spoken at a normal rate of speed, and want the opportunity to speak in a context that will encourage increased vocabulary and grammatical accuracy without lists of words and tedious written exercises.

**LFIL**, 8 Tuesdays, 9:30-11:30 am. Begins October 5, Zoom, \$153/Seniors \$140.

**LHCC**, 8 Tuesdays, 7:00-9:00 pm. Begins October 5, Zoom, \$153/Seniors \$140.

## Beginning German: For New and Continuing Students

*Instructor: Luci Mandl*

While German has the reputation of being a difficult language this course is meant to show you otherwise. From simple greetings to real life situations like shopping or eating out you will learn useful phrases to get around and express yourself. Expect to listen to recordings, to watch video clips, and to engage in dialogues with your fellow students. Basic grammar will be introduced through reading and writing exercises. Handouts will be provided. *Willkommen* - welcome!

**LBGE**, 10 Tuesdays, 5:00-6:30 pm. Begins September 21, Lexington High School, Room 220, \$145/Seniors \$130.

## Intermediate German

*Instructor: Luci Mandl*

*German - I know I knew it.* Intermediate German is a course for students with previous knowledge (levels A1 / A2), focusing on reading and speaking in common situations. Some grammar cannot be avoided though. In this interactive class, we will use videos, games, and handouts to prepare you for communication in and travel to a German speaking country.

**LREG**, 10 Tuesdays, 7:00-9:00 pm. Begins September 21, Lexington High School, Room 220, \$190/Seniors \$175.

## German Conversation

*Instructor: Karen Elsa Carstens*

If you want to brush up your German conversational skills, this once a week session involving lively group dialogue, punctuated by multimedia virtual presentations on a wide range of topics, may be just what you've been looking for. New topics will be announced each week and emailed a few days before each class. Participants are encouraged

to suggest topics tailored towards their own specific interests and experiences including, among others, travel, art, film, literature, hobbies, family history, holiday traditions, favorite foods, and current events. Sessions may include readings of poetry or news articles in German, fun tips on modern German-language television productions and pop songs, or insights into science, nature, sports, pets, and sustainable lifestyle trends. Participants are welcome to enhance individual weekly verbal presentations by sharing photos, videos or short texts, which may be distributed via email or virtually during class. Each presentation is followed by a question and answer period allowing for ample conversation time. The idea is to focus on communication and fluency by understanding each other via an informal, friendly dialogue. Key vocabulary words may also be shared to round out these discussions, along with select links to helpful further resources such as news or travel features produced with subtitles for language learners in German. The primary focus will be on fostering dialogue among all participants to build confidence in striking up smooth conversations in German.

**LGEC**, 10 Thursdays, 10:00 am-12:00 pm. Begins September 23, Zoom, \$190/Seniors \$175.

## Standard Arabic for Beginning and Beyond Beginning Students

*Instructor: Janet Atiyyat*

Originating in the 6th century, the Arabic language has become one of the most widely spoken and recognizable languages in the world today. Taught by a native speaker, the **Beginning** class will introduce modern conversational Arabic using an interactive and practical instructional method. Emphasis will be on listening comprehension, vocabulary, and speaking skills. The **Beyond Beginning** class is for those who have taken the Beginning level class or its equivalent.

**LBAR**, (Beginning), 8 Tuesdays, 6:30-8:30 pm. Begins October 5, Zoom, \$165/Seniors \$148.

**LBBA**, (Beyond Beginning), 8 Thursdays, 6:30-8:30 pm. Begins October 7, Zoom, \$165/Seniors \$148.

## Beginning Hindi: A Language & Culture Sampler

*Instructor: Rita Pandey*

This fun, friendly course proposes to introduce the most widely spoken language of South Asia to students who have little or no prior knowledge of Hindi. Students will be introduced to the *Devanagari* writing system, however, emphasis will be on speaking skills and listening comprehension. Hindi songs from contemporary Indian cinema, discussion of regional cuisine, music, dance and festivals and holidays will enhance the conventional teaching materials.

**LHIN**, 8 Tuesdays, 7:00-8:30 pm. Begins October 12, Zoom, \$115/Seniors \$85.

## Beginning Mandarin

*Instructor: Hongxing Zhang*

This course is designed for adults who have no prior knowledge of the Chinese language. It provides students with the opportunity to work toward proficiency in both spoken and written Mandarin at a basic, everyday level. This course focuses on building a working vocabulary and developing a student's conversational language skills of speaking and listening, while also familiarizing students with the tools to read and write the language. This course will be taught in a mix of English and Mandarin, utilizing the "pinyin" phonetic system as well as Chinese characters.

**LMAN**, 8 Thursdays, 6:30-8:00 pm. Begins September 30, Zoom, \$125/Seniors \$100.



### BEGINNING MANDARIN

*with Hongxing Zhang, this page*

## **NEW** Beyond Beginning Mandarin

*Instructor: Bohao Zhou*

In this Beyond Beginner Class you will learn basic grammar and sentence structures to express yourselves beyond a simple self-introduction. The class will balance listening, speaking, reading and writing for a well-rounded, dynamic learning experience of everyday Chinese.

**LBBM**, 8 Saturdays, 10:30 am-12:00 pm. Begins October 2, Zoom, \$125/Seniors \$100.

*From editing digital photos, to creating your own web page, you are sure to find something to match your ability and interest. Mac Computers are provided for all computer classes. However, if preferred, students may bring their laptops for any of Kristen Butler's classes.*

## iPhone Capabilities – Daytime

*Instructor: Kristen Butler*

Unlock the mysteries and wonderment of the iPhone. Learn how to create an Apple ID and how it is used. Never lose your phone again by setting up Find My iPhone. Learn about the built-in Apps and how to install new ones. How to make Siri understand you. Keep your iPhone safe from prying eyes. And more...

**CDPH**, 1 Friday, 9:00 am - 12:00 pm. Meets September 24, Hancock Church, \$42.



### IPHONE CAPABILITIES, PART 1 AND PART 2

*with Kristen Butler, this page*

## Intro to Google Suite – Daytime

*Instructor: Kristen Butler*

Learn how to use Google Docs, Sheets and Slides. Learn to share documents with others and manage your Google Drive.

**CDGSL**, 1 Friday, 9:00 am-12:00 pm. Meets October 1, Zoom, \$42.

## iPhone Capabilities – Part 2 - Daytime

*Instructor: Kristen Butler*

Still feel like you are a beginner user of your iPhone? Learn how to change the settings, backup your phone, sync your photos and music, never go over data usage again, shop on the Internet, learn about fabulous apps that can make your life easier.

**CD2PH**, 1 Friday, 9:00 am - 12:00 pm. Meets October 8, Hancock Church, \$42.

## Intermediate Google Suite – Daytime

*Instructor: Kristen Butler*

Learn how to use Google Forms, Google Calendar, Google Maps, Google translate and more...

**CDGD**, 1 Friday, 9:00 am-12:00 pm. Meets October 15, Zoom, \$42.

## Managing Your Photos – Daytime

*Instructor: Kristen Butler*

*Photos, Photos, Everywhere!* Photos on your phone, photos on your iPad, photos in your email, photos in your texts, photos on your wall, photos on slides or photos in a box. Your photos are everywhere. Come learn how to organize them on your computer so that you can find them and even put them into albums to share.

**CDPIC**, 1 Friday, 9:00 am -12:00 pm. Meets October 29, Zoom \$42.

## Introduction to Microsoft Excel – Daytime

*Instructor: Kristen Butler*

Learn how to use a spreadsheet application and create graphs using the data in your spreadsheets. Learn how to use multiple worksheets and share the data between worksheets. MS Excel is a great tool for tracking numbers.

**CDEX**, 1 Friday, 9:00 am-12:00 pm. Meets November 5, Zoom, \$42.

## Intermediate Excel I –Daytime

*Instructor: Kristen Butler*

Learn how to import and link files, modify charts, explore the different formulas and more. Students must be familiar with the basics of how to use Excel.

**CDIX**, 1 Friday, 9:00 am - 12:00 pm. Meets November 12, Zoom, \$42.

## Intermediate Excel II – Daytime

*Instructor: Kristen Butler*

Learn how to set up databases to use mail merge, create pivot tables and define macros. Students must be familiar with the basics of how to use Excel. Class size is limited to 8 to allow for individualized instruction.

**CD2IEX**, 1 Friday, 9:00 am - 12:00 pm. Meets November 19, Zoom, \$42.

## Organizing Your Computer - Daytime

*Instructor: Kristen Butler*

Learn how to organize your files and folders, manage the “My Documents” folder, and backup your information. Students must be familiar with the basics of how to use a computer.

**CDORG**, 1 Friday, 9:00 am-12:00 pm. Meets December 3, Zoom, \$42.

## Intro to Google Suite

*Instructor: Kristen Butler*

Learn how to use Google Docs, Sheets and Slides. Learn to share documents with others and manage your Google Drive.

**CGSL**, 1 Wednesday, 6:00-9:00 pm. Meets September 22, Zoom, \$42.

## Intermediate Google Suite

*Instructor: Kristen Butler*

Learn how to use Google Forms, Google Calendar, Google Maps, Google translate and more...

**CGDO**, 1 Wednesday, 6:00-9:00 pm. Meets September 29, Zoom, \$42.



## COMPUTER CONSULTING "ALA CARTE"

with Kristen Butler, p. 26

## Introduction to LinkedIn

*Instructor: Kristen Butler*

The key to your success on LinkedIn begins with a powerful and professional presence. You must strategically write your profile with your ideal client in mind before you start connecting to maximize the impact of your first impression online.

**CLINK**, 1 Wednesday, 6:00-9:00 pm. Meets October 6, Zoom, \$42.

## Managing Your Photos

*Instructor: Kristen Butler*

*Photos, Photos, Everywhere!* Photos on your phone, photos on your iPad, photos in your email, photos in your texts, photos on your wall, photos on slides or photos in a box. Your photos are everywhere. Come learn how to organize them on your computer so that you can find them and even put them into albums to share.

**CPHO**, 1 Wednesday, 6:00-9:00 pm. Meets October 13, Zoom, \$42.

## Introduction to Excel

*Instructor: Kristen Butler*

Learn how to use a spreadsheet application and create graphs using the data in your spreadsheets. Learn how to use multiple worksheets and share the data between worksheets. MS Excel is a great tool for tracking numbers.

**CINX**, 1 Wednesday, 6:00-9:00 pm. Meets October 20, Zoom, \$42.

## Intermediate Excel I

*Instructor: Kristen Butler*

Learn how to import and link files, modify charts, explore the different formulas and more. Students must be familiar with the basics of how to use Excel.

**CIEX**, 1 Wednesday, 6:00-9:00 pm. Meets October 27, Zoom, \$42.

## Intermediate Excel II

*Instructor: Kristen Butler*

Learn how to set up databases to use mail merge, create pivot tables and define macros. Students must be familiar with the basics of how to use Excel.

**CEXX**, 1 Wednesday, 6:00-9:00 pm. Meets November 3, Zoom, \$42.

## iPhone Capabilities

*Instructor: Kristen Butler*

Unlock the mysteries and wonderment of the iPhone. Learn how to create an Apple ID and how it is used. Never lose your phone again by setting up Find My iPhone. Learn about the built-in Apps and how to install new ones. How to make Siri understand you. Keep your iPhone safe from prying eyes. And more...

**CIPH**, 1 Wednesday, 6:00-9:00 pm. Meets November 10, Lexington High School, Room 222, \$42.

## Organizing Your Computer

*Instructor: Kristen Butler*

Learn how to organize your files and folders, manage the “My Documents” folder, and backup your information. Students must be familiar with the basics of how to use a computer.

**CORG**, 1 Wednesday, 6:00-9:00 pm. Meets November 17, Zoom, \$42.

## Understanding iPhone Capabilities – Part 2

*Instructor: Kristen Butler*

Still feel like you are a beginner user of your iPhone? Learn how to change the settings, backup your phone, sync your photos and music, never go over on data usage again, shop on the Internet, learn about fabulous apps that can make your life easier and more..

**C2PH**, 1 Wednesday, 6:00-9:00 pm. Meets December 1, Lexington High School, Room 222, \$42.

# Courses for Children

## Computer Consulting “Ala Carte”

Instructor: Kristen Butler

Computer consultant Kristen Butler is available to meet and assist up to two people in personalized computer consulting. Want to fully understand the iCloud and backup? Want to make certain your devices are synced? Want to know if you have the proper updates and software on your computer? Want to create a photographic presentation or video for a special occasion? These are just a few items that Kristen can help you with. Meetings will be held in Lexington and the charge is \$120 per hour for up to two people. There is a minimum of a two hour meeting. To arrange a time with Kristen please contact the LCE office at 781 862 8043.



### INTRODUCTION TO GRAPHIC DESIGN

with Damian Barneschi, p. 17

## NEW Master Email With Gmail

Instructor: Tracy Marks

Do you want to effectively manage your free Gmail email account and make sending and organizing email much easier? You'll learn how to organize your email by label (Gmail's name for folders or mailboxes), send attachments, customize settings, and set up your contacts for individuals and groups. Finally you'll discover how to make unique filters to automatically sort your messages and get rid of spam. We'll be meeting on Zoom with the instructor demonstrating procedures via screen share. Then you'll have the chance, with your instructor's help, to do the same on your own gmail account, which you should create ahead of time. Prerequisite: Basic computer experience.

**CGMAIL**, 2 Mondays, 6:30-8:30 pm. Begins November 22, Zoom, \$54.

## Design Your Own Website

Instructor: Fan Stanbrough

Design a WordPress website and start your online journey. This class is a beginner class, designed for people with no WordPress experience and no coding knowledge. Instructors will share the most practical knowledge and you will learn how to quickly set up a simple WordPress

website. At the end of class, you will have the skills to build a brochure (informational) website, a blog, or to maintain an existing WordPress website. You will also receive tips on choosing a good hosting company to launch your site.

**CWDP**, 2 Tuesdays, 6:30-8:30 pm. Begins October 5, Zoom, \$65.

## How to Increase Website Traffic with the Help of SEO and Social Media Marketing

Instructor: Fan Stanbrough

Ever wonder how successful businesses manage to draw heavy traffic onto their websites? In this course you will learn how to: Optimize your website; get it fully indexed by the search engines; assess your website's search engine performance; spidering your site to assess indexability and SEO status, and learn how to select keywords. You will learn how to use several tools, including Google Analytics (GA) and Webmaster Tools (WMT). Reach your goals with the help of SEO, and own your space in the market!

**CHOW**, 2 Thursdays, 6:30-8:30 pm. Begins October 21, Zoom, \$65.

## Buying and Selling on eBay and Amazon

Instructor: Tracy Marks

Do you want to learn how to safely and effectively sell items on eBay and/or Amazon? In this workshop, taught by an active Amazon seller and previously certified eBay trainer/powerseller, we'll first cover how to safely buy and sell on eBay. After focusing on how to search for items, research prices, bid, and leave feedback, we'll spend most of class learning to create and submit listings, prepare photos, determine auction timing, manage auctions, handle payment and shipping, and deal with security issues and non-responsive buyers. For the last class, students will create eBay listings which together we will constructively critique and help improve. We will also cover the quick and easy process of becoming an Amazon Marketplace seller.

**CBAY**, 3 Tuesdays, 6:30-8:30 pm. Begins November 2, Zoom, \$75/Seniors \$65.

The New Legacy Cultural Center/ LCE offerings are a combined effort in presenting more language/cultural/STEM classes for the youth of our community. This joint program begins with the following **Beginner Mandarin (K-5)**, **Intro to Go Game (Age 8+)**, **LEGO Robotics (Age 4-6)** and **East-Asian Wisdoms for Leaders (Grade 6+)** classes below.

## NEW Beginning Mandarin

Instructor: Yingshu Li

Want to try out Mandarin and make better decisions while making your world language choice in middle school? This course is particularly designed for elementary learners (Grade K-5) from who do not speak Chinese at home or have little or no background of Chinese language and culture. Students will be “immersed” in the Chinese language for approximately 90% of each 1-hour class. Multiple resources such as pictures, videos, flash cards, games, as well as songs and crafts will be used to engage students into the learning process.

**KMAN**, 10 Fridays, (No class on Nov 5th), 3-4pm (K-1); 4-5pm (Grade 2-3); 5-6pm (Grade 3-4), Begins September 17, Lexington School Location TBA, See Website for location details, \$250.

## NEW Intro to Go Game (Weiqi)

Instructor: Michael Sherman

This course serves as a beginner's introduction to the game of Go (Weiqi, Baduk), covering the background, rules, and strategy. Each class time is split between lectures and playing time, with guidance from the teacher. The course makes an attempt to relate lessons learned in Go to broad knowledge applicable in real life. By the end of the course, students will be comfortable playing the game on the 9x9 board.

**Michael Sherman** has been an active member of the Massachusetts Go Association since 2005. Sherman has been competing in Go tournaments in the U.S. for over 15 years. In the last year alone, Sherman was placed in the winner's circles in three different tournaments.

**KKGO**, 10 Fridays, (No class on Nov 5th), 3-3:55 pm, 4-4:55 pm, or 5-5:55 pm. Begins September 17, Lexington School Location TBA, See Website for location details, \$250.

## **NEW** East-Asian Wisdoms for Leaders

*Instructor: Dean Chin*

Drawing from the many rich cultural resources within East Asian history and philosophy, the program aims to build a deep appreciation and respect for East Asian cultures while building foundational knowledge along with analytical and life skills. This highly interactive multicultural class will allow students to develop and explore creative solutions to some of today's most vexing social problems. NOTE: This class is taught in English using translations of primary texts. **Dean Chin** has been teaching, tutoring, and mentoring middle and high school students for over three decades. He has always had an affinity for East Asian philosophies, utilizing and practicing daily the lessons they bestowed upon him. Dean is currently a high school Physics teacher and the Science Department Chair at CATS Academy Boston, an international boarding school located in Braintree, MA.

**KEAW**, 12 Saturdays, 12:00-1:00 pm (Grade 6-8), or 1:00-2:00 pm (Grades 9+), Begins September 18, Lexington High, \$300.

## **NEW** Que Delicioso

*Instructor: Angelica Fajardo*

¿Tres leches? ¿Churros? ¿Palmeritas? ¿Horchata? – ¡Que delicioso! Learn how to make authentic and traditional desserts from different Spanish speaking countries while learning about the culture and history behind each dish all from the comfort of your home. Participants will be given a supply list before each class. Parents can communicate with the Lexington Community Education Office to contact me for any food substitutions due to allergies. Expertise in baking not needed! Bonus: we will be learning Spanish along the way! An appropriate level of student maturity is required as this course may involve the use of knives, a cooktop, a microwave and/or an oven. A supervising adult must be in the house to provide any needed support. Please note: Parents are responsible for purchasing/providing supplies for this class. Supply list: ingredients will vary depending on the dish we are making and a master list with all the ingredients for the week

will be emailed out prior to the sessions. Participants will need a kitchen for a portion of the class.

**KQUE**, 6 Wednesdays, 3:45-5:45 pm. Begins September 29, Zoom, \$105.

## **NEW** Foodies are Fabulous (for all learners age 7+)

*Instructor: Hallie Wells*

With interactive instruction from a skilled instructor, novel chefs will learn the basics by following recipes of 5-7 simply-stated steps with a different delicious dish in each class and enough to share with the family! Students learn valuable culinary skills and new recipes, enjoy a fun hands-on activity, and are inspired to expand their taste buds to discover that "real food" can be really good. This offering is for ALL types of learners. Note about adult supervision / participation: these classes involve real-life cooking (with tools, heat, etc.), so parent/caregiver involvement may be necessary. Students/families will need to purchase ingredients ahead of time and a grocery list will be sent to participants. Only you can determine the appropriate amount of supervision and assistance that your child needs.

**KFOOD**, 5 Tuesdays, 4:00-5:00 pm. Begins September 28, Zoom, \$49.

## **NEW** Cool Kids Cook! Cooking Around The World (Grades 4-8)

*Instructor: Hallie Wells*

With interactive instruction from a skilled instructor, young chefs get to chop, mix, and roll their way to a different delicious dish, or two in each class - with enough to share with the family! Kids learn valuable culinary skills and new recipes, enjoy a fun hands-on activity, and are inspired to expand their taste buds to discover that "real food" can be really good. We will be cooking up some of the fabulous flavors of Italian, Indian, Vietnamese, Mexican and French foods and also learning about some of the cooking techniques and ingredients that make them unique. Come join us as we expand our world and our palates! Modifications are available for allergies/dietary restrictions. **Please Note:** These classes involve real-life cooking (with tools, heat, etc.), so parent/caregiver involvement may be necessary. Students/families will need to purchase ingredients ahead of time and a grocery list will be sent to

participants. Only you can determine the appropriate amount of supervision and assistance that your child needs.

**KCOOL**, 5 Thursdays, 4:00-5:00 pm. Begins September 30, Zoom, \$49.

## **NEW** LEGO Robotics

*Instructor: ICROBOT TEAM*

In this program of Coding and Robotics Program for Kids Age 4-6, kids build their own masterpieces with LEGO and ICBlocks. Through engaging activities, kids will have the opportunities to learn knowledge and skills about coding, robotics, and STEM. In addition, the program inspires their development in hand-eye coordination, fine motor, attention, spatial sense, curiosity, creativity, communication, imagination and confidence. ICROBot has a committed professional teaching team who are passionate about education and child development. The teachers are well trained in child education, coding and robotics, with advanced degrees in related fields.

**KLEG**, 10 Fridays, 2:45-4:15 pm, or 4:30-6:00 pm. Lexington School Location TBA, See Website for location details, \$450.

## **NEW** Stranger Danger (for ages 8-12)

See description on page 8.

## Home Alone

See description on page 8.

## Proper Etiquette for Students (Grades 2-5 and Grades 6-9)

*Instructor: Anne Elizabeth Burnett, Founder and President of Elizabeth Etiquette*

A thorough introduction to good etiquette and proper manners for elementary / middle school students. In this two-session class Elizabeth Etiquette will begin by introducing the proper way to manage introductions and greetings, appropriate hygiene and grooming, deportment, posture and sitting correctly. In the second session there will be a focus on table etiquette including setting the table, sitting politely, napkin etiquette, manners at the table and how to hold cutlery correctly. All skills will be demonstrated by Elizabeth and there

will be time for questions and answers. Students will leave class with exercises to practice at home and to keep for future reference. Students learn proper manners and communication skills with a strong focus on respect and the value of others. Supply List: Please have a pen or pencil and paper for each class and for the second class please also have: a Dinner knife; a Dinner fork; a Soup spoon; a Dessert Fork; a Dessert Spoon; a Dinner plate; a Soup bowl; a Water Glass; and a Table Napkin.

**KET2**, For Grades 2-5: 2 Saturdays, 11:00 am-12:00 pm. Begins September 18, Zoom, \$49.

**KET6**, For Grades 6-9: 2 Saturdays, 11:00am-12:00 pm. Begins October 16, Zoom, \$49.

### **Art Studio: Pastel and Charcoal (Grades 2-6)**

*Instructor: Alma Bella Solis*

Using a combination of charcoal pencils and chalks, or dry pastel pencils and chalks, you will produce your own compositions, interpreting subjects ranging from still life to human figures. You'll learn drawing methods including outline, contour, shading, blending, detailing and explore perspective, proportion, and more. Class size is limited to 7 students. Please check the Lexington Community Education website for a supply list for the class.

**KPAC**, 8 Tuesdays, 4:00-6:00 pm. Begins September 14, Zoom, \$220.

### **Paper Window Stars (for children 9+ or Adult/ Child [6-9] Workshop**

*Instructor: Kristin Bray*

Enliven your windows, even on a gray day, with layers of color as the sun shines through your paper stars. Using translucent kite paper and a little bit of glue, we will fold and join the paper to make paper stars. The finished stars can adorn windows, walls or cards. Materials kits containing written instructions and enough kite paper to make several stars will be supplied. Prepare a clean, flat work space and have a glue stick or white glue and a toothpick handy and enjoy a relaxing afternoon creating. Class is appropriate for children age 9+ or for



*Anne Elizabeth Burnett teaches Proper Etiquette for Students (Frades 2-5 and Grades 6-9), page 27.*

children age 6-9 with an adult. Materials will be available for pick up at Homespun (the school store of the Waldorf School of Lexington, 703 Massachusetts Avenue) or at the LCE office prior to the workshop. The \$5 materials fee can be paid in cash or by a check made payable to Homespun. Shipping can be arranged by special request at an additional cost, with adequate notice. Tuition is for one child (age 6-9)/adult pair or one individual.

**KWST**, 1 Saturday, 3:00-4:00 pm. Meets December 11, Zoom, \$15 (for one individual or adult/child pair)

### **VIRTUAL SAFARIS – COSTA RICA, GALAPAGOS ISLANDS & SOUTHERN AFRICA**

*with Kathy & Jeff Klofft, p. 34*

### **Babysitting & Safety Training (Ages 11-15)**

*Instructor: Wendy Winters-Harrington, Safety Saavy*

American Red Cross Babysitting Basics class covers a wide range of information that can help new babysitters gain the skills and confidence needed to care for infants and children. The course includes information on: how to care for infants and children; what to do in an emergency and how to stay safe; choosing age appropriate activities;

recognizing, understanding and handling certain behaviors; basic first aid, epi pen training, hands-only CPR; and how to start a babysitting business. Upon successful completion students will receive a printable certificate from the American Red Cross. All equipment and materials provided. Please note: class will meet on a Tuesday and Thursday in the same week. Class limited to 10. Parents, if appropriate please provide your child with a snack prior to class as there will not be a snack break during class.

**KBTR**, 2 Meetings, 4:15-7:00 pm. Meets Tuesday, September 21 and Thursday, September 23, Lexington High School, Room 167, \$135.

**K2BTR**, 2 Meetings, 4:15-7:00 pm. Meets Tuesday, October 19 and Thursday, October 21, Lexington High School, Room 167, \$135.

### **Fiction Writing for 4th and 5th Graders**

*Instructor: Karen Day*

Local children's book author Karen Day will lead fourth and fifth graders through interactive writing exercises as they explore how to start a fictional story of their own. Students will learn the importance of showing, not telling, and why every book needs a strong, active voice. No experience needed, just a good imagination.

**K2FIC**, 3 Wednesdays, 6:00-7:30 pm. Begins December 1, Lexington High School, Room 226, \$95.

### **Fiction Writing for Middle Schoolers**

*Instructor: Karen Day*

This three-session fiction writing workshop will focus on some of the most important components of writing a story: voice, setting and plot. We will brainstorm for ideas, begin writing a story and explore what it means to revise. Students will receive written comments from the teacher. We will also work on being our own editors as well as critiquing others. Each class will build on the next and at the end students can expect to have a solid start to their own novel or story.

**KFIC**, 3 Wednesdays, 6:00-7:30 pm. Begins September 29, Lexington High School, Room 226, \$95.

## Creative Writing for Teens for (Grades 7-9)

*Instructor: Jamie Magid*

This course will consist of three activity days and three feedback days. Activity days will consist of half an hour of collaborative storytelling, half an hour of writing, and half an hour of sharing (for those who wish to share). Feedback days will be for discussing and critiquing additional writing that anyone might want to share with the group between meetings. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

**KEEN**, 8 Wednesdays, 3:30-5:00 pm. Begins September 22, Lexington High School, Room 221, or Zoom, \$120.

## Dungeons and Dragons for Middle Schoolers

*Instructor: Dylan Baxter-King*

This ever popular game of logic and imagination begins with the creation of characters with the rolling of dice. You and your collaborators guide your characters through an imaginary journey encountering exciting adventures along the way. Your journey is referred to as a "campaign" which is creatively structured like the plot of a good book by one player known as the Dungeon Master. This player is usually a more experienced player. In the first session we will begin taking requests to write and run campaigns, and then create characters. After that our imaginations will guide us onward. Both experienced players and beginners are welcome.

**KCDD**, 6 Mondays, 3:30-6:00 pm. Begins September 27, Zoom, \$105.

## **NEW** Foundations of LARP, A Heroes Academy Class with LARP Adventure Program (Grades 6-8)

*Instructor: LARP Adventure Program Staff*  
LARP Adventure Program's Heroes Academy is a combination of theater, martial arts, and costume/prop/stage design. We combine these arts with critical thinking, creative problem solving, and community leadership skills. Our instructions will work with students to do hands-on creative activities and explore everything from game systems to

character development to prop / costume building. LARP (Live Action Role Playing) activities allow students to participate in an interactive narrative, similar to the "choose your own adventure" books, but in a theatrical/game setting. Learn the basics of what LARPing is all about. Make characters, props and costumes and learn martial arts techniques that help make mock combat safe AND challenging.

**KLARP**, 6 Thursdays, 3:30-4:30 pm. Begins September 23, Lexington High School, Library Media Center, \$120.

## Mythology Through Art

*Instructor: Jamie Magid*

We'll be exploring the world of Greek Mythology through art! Each week will be based around a different classical myth. When we come together, we'll have a conversation about the myth, explore some of the art that it has inspired, and take some time to work on some mythology inspired art of our own! Bring whatever art supplies you have in your preferred medium to the first class. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

For Grades 6-8: **KMYTH**, 6 Mondays, 3:30-5:00 pm. Begins October 18, Lexington High School Room 221, or Zoom, \$90

For Grades 9-12, **K2MYTH**, 6 Fridays, 3:00-5:30 pm. Begins October 15, Lexington High School, Room, 221, or Zoom \$150.

## **NEW** Creature Making (Grades 5-7)

*Instructor: Jamie Magid*

Learn to make your own fantasy creatures! Students will be provided with materials, and guided through the process of designing and creating multi-medium dolls out of cardboard, clay, cloth, and other materials. Figurines can be inspired by any creatures, from fantasy, the animal kingdom, or your imagination. A Materials fee of \$15 is payable to the instructor at the first class. Please note: the registration deadline for this class is September 21. Students are not allowed to after the first class session. Please note: the registration deadline for this class is September 21. Students are not allowed to join after the

first class session. Please indicate how you plan to participate upon registration. Arrangements will be made for the payment and pick up of art materials for students participating on Zoom.

**KCRE**, 7 Tuesdays, 3:30-5:00 pm. Begins September 28, Lexington High School, Room 221, or Zoom, \$105.

## Eye for Investing

*Instructor: Sumeit Aggarwal*

Most of us hear stories about the ups and downs of stock market every day, but do not fully understand the basic principles of investing. We have recreated the magic of Eye for Investing camp for virtual delivery. Students will play investing games in a group setting. We will continue with camp traditions such as daily deals and beat the stock market game. Students will be introduced to the investing landscape (stocks, bonds, crypto assets, and much more) and the nuts and bolts of stock investing. We will cover the why, what, and how of investing, concepts like investment goals, risk tolerance, valuation metrics, portfolio diversification, etc., strategies, and mechanics of investing, as well as the risks inherent in different investments. If you have a curious middle or high schooler who is looking to learn about investing wisely, this is the program for them. The virtual setting provides students a fun way to keep learning through various activities designed especially for online delivery.

**2AEYE**, 6 Tuesdays, 4:30-6:00 pm. Begins October 5, Zoom, \$135.

## Tackling Time Management for Teens (Grades 8-12)

*Instructor: Maria Kieslich*

School, job, band practice, friends, homework, parties and family! It's overwhelming and even for the most organized teen, not much fun to figure out how to get it all done. This course will introduce you to a bunch of tools that can make it easier. In the first hour we'll find out what is really important to YOU, and how to cope with the other stuff. We'll learn a few ways to not procrastinate. Then we get to the nuts and bolts, and talk briefly about calendars. You'll leave with a draft plan for your next week, using the tools that you found work best for how you think.

# Test Prep/ College Planning

The second hour focuses on how to make a list that doesn't leave anything out, and naturally breaks things down so a project doesn't make you crazy. We'll cover how to tackle the stressful trade-offs between what you have to do, how much time you have and how much money you have. Whether you're a scribbler or a list maker, use paper or an app, or have trouble starting or stopping a task, we'll find some tools that can help you. Please bring a real life project that you want to plan (a TikTok video? a school paper? an upcoming college trip?) so you can try a few ways of working on it in class. Also please bring however you track your week to class.

**KTMT**, 1 Saturday, 10:00-11:30 am. Meets November 13, Lexington High School, \$35.

## Draw & Paint Pet Portraits, RainForest Animals and Their Habitat Landscapes (Grades 6-9)

*Instructor: Robert Butler*

Throughout history, people have been inspired by the beauty of animals and the natural world. Join us as we learn the essential art techniques needed to render portraits of your pets and a variety of rainforest animals and their habitat landscapes. Students of all levels will gain confidence and expand their skills with classroom demonstrations and individual instruction. All diagrams and charts will be provided. Each student will create artwork based on the subject of their choice. Included: Mixing Nature's Color Palette, Animal Anatomy, Habitat Landscapes, Composition and more. Please have the following supplies on hand for class: one or more drawing pencils with hardness in the 2B to 5B range; artist's kneaded eraser and a small pad of mixed media artist's paper. For painting in acrylics - primary colors red, yellow, blue plus three secondary colors - green, purple, orange plus black and white. Suggested brushes: synthetic fine liner "0", Round #8 and Flat #10. Optional: images to use as your subject.

**KDRAW**, 4 Thursdays, 3:30-5:00 pm. Begins September 23, Lexington High School, Room 166, \$68.

**K2DRAW**, 4 Thursdays, 3:30-5:00 pm. Begins October 28, Lexington High School, Room 166, \$68.

## Driver Education – Registration for Driver Education programs is now Online

*Instructor: CS Driving School*

A complete driver's education program (classroom and behind-the-wheel lessons) is available through LCE. Students must be at least 15.9 years old to begin the program. Please see the LCE website at [www.lexingtoncommunityed.org](http://www.lexingtoncommunityed.org) for details and dates. To register for upcoming Lexington Community Education Driver Education classes:

Go to: <http://csdriving.com/locations.html>  
Select "Lexington High School"  
Click "Enroll"

Complete the registration process  
Submit your payment

## Writing and Language/Essay SAT Prep

*Instructor: Gretchen Segars*

Develop the grammar, structural, info graphic, and comprehension skills necessary for the writing test. For the new essay, learn the specific strategies needed. An unlimited number of essays may be submitted for scoring. Required Text for classes: *The Official SAT Study Guide*, published by the College Board.

**PSWR**, 6 Wednesdays, 3:30-5:30 pm. Begins September 29, Lexington High School, Room 148, \$200.

## Reading SAT Prep

*Instructor: Gretchen Segars*

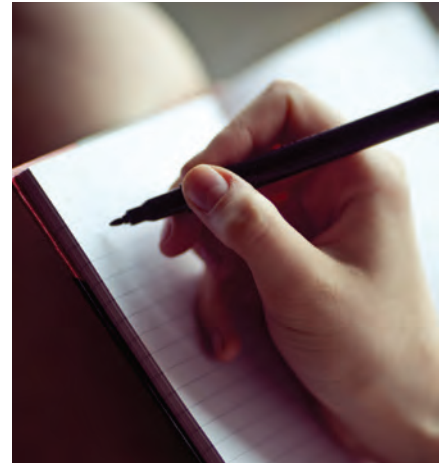
Prepare for the Reading SAT by actively reading passages, answering inferential and line-referenced questions, and interpreting info graphics. Practice tests will be taken and analyzed. Required Text for classes: *The Official SAT Study Guide*, published by the College Board.

**PRTH**, 6 Fridays, 3:30-5:30 pm. Begins September 24, Lexington High School, Room 148, \$200.

## Math SAT Prep for the November/December Exam

*Instructor: Chris Doucette*

In SAT Math, students will review mathematical operations and learn test strategies necessary for success on the SAT. Students will take 2 practice tests and receive targeted help via zoom breakout rooms. Class consists of 8-10 mini lessons



*Catherine Johnson teaches Getting Started on Your College Essay, this page.*

that cover common issues/test taking strategies and each student will receive individualized help in each class on a topic they are struggling with. Required Text for class: *The Official SAT Study Guide*, published by the College Board.

**PSAM**, 6 Mondays, 6:30-8:30 pm. Begins September 20, LHS, Room 230, \$200.

## College Essay Writing – Experienced Writing Coaches to Help You Get Started

*Instructors: Catherine Johnson, BKJ  
College Application Consulting*

Most people, parents and students, think of writing the College Application Essay as a major, intimidating event. But it can be a non-stressful, even enjoyable process and this evening session will show you how to make that happen. The essay is not about impressing admissions officers with grand accomplishments; it's a story that tells them about you. This low-key workshop will help you develop several solid topic ideas, encourage writing skills to use going forward and you may have the start of a first draft. Class size is limited, so there will be time for brief one-on-one meetings.

**PEST**, 1 Tuesday, 3:30-5:30 pm. Meets September 28, Zoom, \$35.

**PESW**, 1 Wednesday, 6:30-8:30 pm. Meets October 20, Zoom, \$35.



### THE PROCESS OF BUYING OR SELLING A HOME

*with Jeremy Richman, pp. 38-39*

## Finding The Right Fit: The College Admissions Process

*Instructor: Aaron Ladd*

Looking to find the right school for your child or obtain merit money? We will show you how to choose the school that is the right fit for your child as we walk you through the admissions process. Learn about how merit money works and what you can do to better your position even if you are not a top student. This class is particularly important if your student is at the top of the class, has learning disabilities, is an athlete, or is average. In the past year, significant changes have occurred in the college admissions process; Standardized testing has shifted, timing for Financial Aid has accelerated, and researching and visiting colleges has become more complicated. Learn why starting the process early can offer significant advantages. College Solutions has over 30 years of experience in college placement and financial aid. The \$25 tuition is for an adult/student pair or two adults in the household.

**PFIT**, 1 Thursday, 7:00-8:00 pm. Meets September 23, Lexington High School, Room 220, \$25.

## Write Your College Essay in Two Weeks!

*Instructors: BK Johnson College Application Consulting*

Do you want your college application essay to be done before crunch time? Want to avoid arguments with your parents and all the stress? We can help you create a winning college application essay! Join a small group of students for 90-minute, late afternoon sessions on 10/7, 10/12, 10/14 & 10/19, or early evening sessions on 10/28, 11/2, 11/4 & 11/9. We follow a light-hearted and sometimes even fun, step-by-step process. Based on years of experience working successfully with college applicants, we've developed a method that yields winning essays. Short bursts of brainstorming, freewriting and individual feedback will immediately get you started drafting an essay. With a routine of in-class writing sessions and a little writing homework, followed by feedback and revision, we offer guidance and support in crafting an essay that memorably introduces you. Admissions officers read hundreds of essays and we

want to be sure that yours will stand out. Work with us and in little more than a week you will have (almost) painlessly produced an essay that presents both your authentic personality and solid writing skills.

**October: PESS**, 4 Meetings, 3:30-5:00 pm. Meets October 7, 12, 14 and 19, Zoom, \$500.

**November P2ESS**, 4 Meetings, 6:30-8:00pm. Meets October 28, November 2, November 4 and November 9, \$500.

## **NEW** ACT Prep – Reading & English

*Instructor: David Bell*

The ACT is one of the two major college admissions tests used by colleges and universities in the US. There are four required components of the ACT – English, Math, Reading, and Science. In this class we will prepare for the Reading and English components, reviewing the grammar, punctuation, and other elements of the English section, addressing the time issue that the test presents, and practicing both sections. A materials fee of \$30 for a binder of information and practice is payable to the instructor at the first class. One hour and 30 minutes of homework/practice between class sessions -- which will be reviewed -- is expected. Required text for class: *The 2021 Official ACT Prep Guide*.

**PCOL**, 5 Wednesdays, 6:30-8:30 pm. Begins October 27, Lexington High School, Room 225, \$170.

## Private SAT or ACT Tutoring

*Instructor: David Bell*

David Bell, an experienced SAT and ACT tutor can provide one-on-one tutoring for either of the two major college admissions tests, the ACT or the SAT. He can tutor on all components of the ACT - English, Math, Reading, and Science, and the optional Writing test or any one section where the student may wish extra support. He can tutor on both the Verbal and Math sections of the SAT, or the one section where the student might need extra support. Registration is through Lexington Community Education and tutoring sessions will be scheduled with David.

**The cost is \$85 per hour of tutoring**, via Zoom. Schedule to be determined by instructor and student.

**PPRI**, \$85 per hour of tutoring, Zoom. Schedule to be determined by instructor and student.

## You Can Afford College If...

*Instructor: Donald Anderson*

If... you plan in advance; you understand the financial aid process; and you act early enough to be successful. Financial aid goes to the families who plan in advance— ideally before December 31 of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process, and how implementing strategies may increase a family's eligibility even if you have a "high income" or own a business. The greatest amount of financial aid goes to the families who act in the years before college. Remember: procrastination equals less financial aid. All schools are not alike, so it is important to know your options and opportunities. A free financial aid analysis will be available to all attendees. Tuition is \$25 for two adults in the household. For more information please visit our website at [www.collegefundingadvisors.com](http://www.collegefundingadvisors.com).

**PMFA**, 1 Monday, 6:30-9:00 pm. Meets September 20, Zoom, \$25.

**HOME ALONE  
AND STRANGER DANGER**  
p. 8

## College Admissions: Extracurriculars Are Not Extra!

*Instructor: Aaron Ladd*

Engaged students on college campuses are happier students, and colleges know this! Moving away from a formula of the "right mix" of activities that purportedly lead to college acceptance, Aaron will explain how colleges look for special interests of athletes, musicians, artists, activists and others as part of the recruitment and college admissions process, and what you should be looking for too. In this webinar, Aaron will also highlight the role of extracurricular activities *while on campus* to enhance the college experience.

**PADM**, 1 Tuesday, 7:00-8:00 pm. Meets October 5, Zoom, \$25.

**VIRTUAL SAFARIS –  
COSTA RICA, GALAPAGOS ISLANDS &  
SOUTHERN AFRICA**  
with Kathy & Jeff Klofft, p. 34



Test Prep and College Planning classes, pp. 30-32.

## Giving Your College Bound Student-Athlete A Competitive Advantage

*Instructor: Nicholas Michael*

Assisting the college bound student-athlete continues to be a complex process. While getting into the best college remains the same objective for all students, the process and timetable, with the ongoing health pandemic still creates uncertainty. However, research continues to show that being a student-athlete, regardless of gender or sport, remains a key to increasing the chances of being accepted into college.† This course will prepare parents to identify their student-athlete's preferences and then match these preferences to colleges offering your child's sport which share these same attributes. The coaches and admissions offices of these selected colleges will become the targets of an outreach email campaign to make each school aware of your child's academic and athletic abilities. Making colleges aware of the student-athlete's interest and maintaining this communication during the recruitment

period increases the likelihood of your child being recruited and accepted. Actual case studies will show parents and students that using our process will assist them making objective, fact-based decisions to harness this process and leverage their child's athletic ability to improve academic selection outcomes.

†*New York Times*, 9 January 2011

**PNSA**, 1 Wednesday, 6:30-9:00 pm. Meets October 20, Zoom, \$40 per adult/student pair.

## International College Options

*Instructor: Sharon Olofsson*

If you have a high school student beginning the college search process, you may want to consider universities outside the United States. In this workshop we will discuss the pros and cons of earning a bachelor's degree overseas, a cost comparison of various countries, the right type of student for college abroad, and the admissions process as well as select universities in Canada, the U.K., and Europe. Please note: this class is offered simultaneously in-person and on the

Zoom platform. Please indicate how you plan to participate upon registration.

**PECA**, 1 Tuesday, September 14, 7:00-8:30 pm. Meets September 14, Lexington High School, Room 220 or Zoom, \$25.

## Proper Etiquette For Your College Interview

*Instructor: Ann Elizabeth Burnett of Elizabeth Etiquette*

The College Interview is an important part of the Application/Interview Process. Just mention the word interview and a feeling of unease, or sheer panic, overcomes the best of us. Worry not! Take a deep breath, pencil poised and start your preparation checklist with this class. Topics will cover: Pre-Interview preparation, Personal Hygiene and Grooming, What to wear, Introductions and greeting people, Questions, preparation, and the important, What to do and What NOT to do to make the best impression. Please bring a notepad and pen to class.

**PINT**, 1 Saturday, 1:00-2:00 pm. Meets October 23, Zoom, \$20.

# Cooking

## **NEW** Apple Crisp Cookie Cups

Instructor: Kathy Lague

Did you pick some fantastic local apples? Join Kathy as you make an apple treat that is easy and fun to make with kids. The cups are made with all the ingredients of a classic apple crisp topping, then filled with a homemade apple pie filling to create individual treats – perfect comfort food for fall! You will receive an ingredient list ahead of time, along with a list of basic kitchen tools to have on hand.

**NAPL**, 1 Saturday, 10:00-11:30 am. Meets October 16, Zoom, \$25.

## **Home Baking Skills**

Instructor: Mimi Fix

Discover tips and tricks from a professional baker. If you love to bake or are new to baking and want to learn more, this class is for you. We'll cover shortcuts, recipe development, quantity production, understanding shelf-life, food safety, how to adapt traditional recipes for healthier baking, and more. Learn everything you didn't know to ask about equipment and how oven heat affects baked goods. Bring your questions!

**NBAKE**, 1 Thursday, 6:30-9:30 pm. Meets November 18, Zoom, \$35/Seniors \$30.



**THE NEW TREND:  
PLANT BASED BAKING**  
with Mimi Fix, this page.

## **NEW** Battenberg Cake

Instructor: Kathy Lague

Battenberg cake is exemplarily British and reportedly, the first cake was baked in 1884 to celebrate Prince Louis of Battenberg marrying Princess Victoria who was Queen Victoria's granddaughter and Prince Philip's grandmother. You'll learn to make a delicious light sponge cake held together with jam. The cake is covered in marzipan and, when cut in cross section, displays a distinctive two-by-two check pattern alternately colored pink and yellow. You will receive an ingredient list ahead of time, along with a list of basic kitchen tools to have on hand.

**NBATT**, 1 Saturday, 9:15-11:45 am. Meets November 13, Zoom, \$35.



Shruti Mehta teaches *Cooking with Root Vegetables, Indian Style*, this page.

## **NEW** The New Trend: Plant Based Baking

Instructor: Mimi Fix

Support conservation and the health of our planet. Learn about innovative ideas for healthier, environmentally acceptable foods. We'll look at new recipes and learn how to update our own recipes. Mimi Fix owns Baking Fix, a culinary business consulting firm, and teaches both business and hands-on baking classes in local colleges and through the Culinary Institute of America (CIA).

**NPLANT**, 1 Thursdays, 6:30-8:30 pm. Meets November 4, Zoom, \$29/Seniors \$24.

## **NEW** Raising Money Through Baking: Not Your Typical Bake Sale

Instructor: Mimi Fix

Learn basic ways to run *profitable* events such as bake sales, raffles, food-booths, community meals, or holiday goods. With a little ingenuity and committed volunteers, raise money for local food banks, social service agencies, community organizations, or any cause you believe in.

**NSALE**, 1 Monday, 6:30-8:30 pm. Meets November 22, Zoom, \$29/Seniors \$24.

## **NEW** Cooking with Root Vegetables, Indian style

Instructor: Shruti Mehta

Fall comes with an abundance of root vegetables in the marketplace and Indians are very adept at using them in a variety of spice-infused curries. The curries can be gravied or simply sautéed. This class will incorporate three different recipes using all root vegetables accompanied by a flavored rice dish. We will make Butternut squash curry, spiced with chilies, ginger and garlic and Indian molasses, Carrot Kachumber (salad of grated carrots, seasoned with mustard seeds and hing), and a popular dish from Delhi known as *Kale Aloo* (blackened potatoes using roasted cumin, black pepper, dried mango powder). These will be accompanied with coconut rice. Come explore these unusual recipes and enrich your Fall table.

**NRVI**, 1 Tuesday, 6:00-8:00 pm. Meets September 28, Zoom, \$35.



**BATTENBERG CAKE**  
with Kathy Lague, this page.

# Home, Hobbies and Travel

## **NEW** Chicken/Beef Kebabs and Cutlets

*Instructor: Rita Kapadia*

Learn how to make three delicious Indian dishes with us! Enjoy a cooking demonstration and cook along with us as we prepare Chicken Kebabs, Cutlets Made with potatoes and shredded chicken and Sheekh Kebabs (Beef). A list of ingredients will be sent prior to the start of class.

**NKEB**, 1 Thursday, 4:00-5:30 pm. Meets November 4, Zoom, \$35.



**COOKING COURSES FOR CHILDREN**  
p. 27

## **NEW** Vegetable and Shrimp Pilaf

*Instructor: Rita Kapadia*

Learn how to make rice dishes with us! Enjoy a cooking demonstration and cook along. We will be cooking: Indian White Basmati Rice flavored with Indian spices, Vegetable Pilaf, and Shrimp Pilaf. A list of ingredients will be sent prior to class.

**NVEG**, 1 Thursday, 4:00-5:30 pm. Meets October 28, Zoom, \$35.

## **NEW** A Simple Japanese Meal

*Instructor: Debra Samuels*

Join cookbook author Debra Samuels as she demonstrates how to create a simple, and delicious, Japanese meal. Class will include how to make *Onigiri* (Japanese rice balls) miso soup, grilled salmon and a quick pickle. During the class Debra will demonstrate how to make three kinds of rice balls, miso soup with tofu, wakame seaweed and enoki mushrooms, delicious grilled salmon and a quick cucumber pickle. Ingredients and materials list will be provided prior to the class start date.

**NJAP**, 1 Wednesday, 6:00-7:30 pm. Meets November 10, Zoom, \$45.

## **Culinary Tour of H Mart**

*Instructor: Debra Samuels*

The Asian supermarket H Mart is just around the corner from Lexington. Its aisles are chock full of treasures: sauces, noodles, dumplings, seaweed, rice, tofu, fresh *banchan* (Korean side dishes), an ocean of fish, teas, condiments galore



*Debra Samuels teaches Culinary Tour of H Mart, this page.*

and so much more. But for some of us, the unfamiliar ingredients, unrecognizable labels and the football-field-size of the store is just too daunting for an enjoyable shopping experience. Join Debra Samuels, Boston Globe food writer and author of two cookbooks (*The Korean Table* and *My Japanese Table*) for a tour as she guides you around the market to acquaint you with this wonderful resource. "Shop with a recipe; that helps to focus your task" says Samuels. Because the market is so large and there is so much to see, this year we are offering the tour in 2 sessions so there will be more time for questions, shopping and snacking. After each guided tour we will head over to the food court and sample some of the delicious offerings, pre-selected by Debra, from the bakery and restaurant stalls. Debra will provide handouts with recipes and how to stock your own "starter" Asian pantry. Class meets at H Mart, 3 Old Concord Road, Burlington at the entrance of the Food Court.

**NHMT**, 2 Wednesdays, 6:30-8:30 pm. Begins December 1, H Mart, 3 Old Concord Road, Burlington, at the entrance of the Food Court, \$85.



**THE BUSINESS OF BAKING**  
with Mimi Fix, p. 37

## **NEW** Virtual Safaris – Costa Rica, Galapagos Islands, and Southern Africa

*Kathy and Jeff Klofft*

Getting ready to plan the trip of a lifetime? Unable to travel and want to feel as though you were there? Join the Klofft's as they share their travel adventures through videos, photos and live narrative. Suitable for families.

**FSAF**, 3 Wednesdays, 7:00-8:15 pm. Begins September 29, Zoom, \$35 per family.

## **NEW** Ecuador and the Galapagos

*Instructor: Pedro Lilienfeld*

Ecuador, one of the lesser known countries of South America, merits the attention of both the armchair and actual travelers. This class will give you a richly pictorial overview of the fascinating history and geography of this uniquely peaceful and beautiful country given by the lecturer who lived there for 16 years. Ecuador is a small but variegated country whose regions range from the steamy jungle to the frigid heights of numerous active volcanoes, and beyond to the enchanting Galapagos islands.

**HECU**, 1 Thursday, 6:30-8:30 pm. Meets October 28, Lexington High School, Room 220, \$29.

## **Planning Your European Vacation**

*Instructor: Wim Nijenberg*

Travel to Europe has finally opened again. Making a smart plan that includes choosing the best cancellation and refund policies, and learning how to keep up to date on restrictions, is more important than ever. Wim will share his expertise, gained through creating travel experiences in Europe for over 35 years, to help you choose the best products and services - air, hotel, ground transportation, and sightseeing, whether you are traveling individually or with a tour or cruise. Learn the importance of reading the fine print, understanding payment schedules and how to obtain many discounts and opportunities in Europe. Even if you've already made your plans, this information-packed evening can still be beneficial.

**FEUR**, 1 Tuesday, 7:00-9:00 pm. Meets November 2, Lexington High School, Room 222, \$29.

## Holiday Tour of Vienna

*Instructor: Lauren Alteio*

Visit the city of Vienna (ranked the #1 most liveable city in the world in 2018 and 2019) in its holiday grandeur. Expat Dr. Lauren Alteio will be your guide on a photographic tour of Vienna's historic sites and cultural institutions in their seasonal splendor. View photos of the area around Stephansdom (the famous St. Stephen's Cathedral in Central Vienna), the Graben (an exclusive shopping area in the center of the city), as well as the Rathaus (the City Hall) adorned in their festive decorations. Although there is not a *Weihnachtsmarkt* (Christmas market) this year photos from previous years will be shared. An overview of special seasonal foods (including a recipe or two) and Viennese holiday traditions will be explored.

**HVIE**, 1 Saturday, 2:00-2:45 pm. Meets December 4, Zoom, \$10.



**FALL TOUR OF CODMAN FARM**  
p. 36

## **NEW** Conquer the Clutter

*Instructor: Francesca Verri*

Join Francesca in this 4-session, small group coaching class as she teaches the basic tenets of organization and how they can be used to conquer the clutter in your home. You will learn what clutter is and why we get cluttered, how to build sustainable systems, and the steps to take to get and stay organized. This is a very personalized class where students will share one area of their home that they want to declutter, and, using that week's class lesson, be coached to make the changes necessary to get it organized. Weekly assignments will be given to hold students accountable in making progress in their space. If you struggle with clutter and want to develop a greater understanding of the laws of organization while you actively apply them to your life, this unique group coaching workshop is for you. *Space is limited in this class so reserve your spot today!*

**FCOIQ**, 4 Mondays, 6:30-8:00 pm. Begins September 27, Zoom, \$135.



*Fall Tour of Codman Farm, page 36.*

## Simple Ways to Protect Your Home

*Instructor: Officers of the Lexington Police and Fire Departments*

The Town of Lexington has a current population of approximately 33,000 people living in about 11,000 residences. Due to its affluent status and location within the Greater Boston Area with easy access to Routes 2 and 128, it is an attractive target for residential burglaries. Come join Detective Aidan Evelyn, Community Resource Officer from the Lexington Police Department for a discussion addressing this type of crime prevention. The course will focus on home security systems, target hardening through environmental design and other methods to make your home a hardened target for would-be criminals.

Pre-registration required.

**FCRIME**, 1 Tuesday, 6:30-8:00 pm. Meets December 7, Lexington High School, Room 224, Free, but space is limited and pre-registration is required.



**HOME ALONE AND STRANGER DANGER**  
p. 8

## Paper Window Stars Workshop (for children 9+ or Adult/Child 6-9)

*Instructor: Kristin Bray*

Enliven your windows, even on a gray day, with layers of color as the sun shines through your paper stars. Using translucent kite paper and a little bit of glue, we will fold and join the paper to make paper stars. The finished stars can adorn windows, walls or cards. Materials kits containing written instructions and enough kite paper to make several stars will be supplied. Prepare a clean, flat work space and have a glue stick or white glue and a toothpick handy and enjoy

a relaxing afternoon creating. Class is appropriate for children age 9+ or for children age 6-9 with an adult. Materials will be available for pick up at Homespun (the school store of the Waldorf School of Lexington, 703 Massachusetts Avenue) or at the LCE office prior to the workshop. The \$5 materials fee can be paid in cash or by a check made payable to Homespun. Shipping can be arranged by special request at an additional cost, with adequate notice. Tuition is for one child (age 6-9)/adult pair or one individual.

**KWST**, 1 Saturday, 3:00-4:00 pm. Meets December 11, Zoom, \$15 (for one individual or adult/child pair)



**CULINARY TOUR OF HMART**  
with Debra Samuels, p. 34

## Buying and Selling on eBay and Amazon

*Instructor: Tracy Marks*

Do you want to learn how to safely and effectively sell items on eBay and/or Amazon? In this workshop, taught by an active Amazon seller and previously certified eBay trainer/powerseller, we'll first cover how to safely buy and sell on eBay. After focusing on how to search for items, research prices, bid, and leave feedback, we'll spend most of class learning to create and submit listings, prepare photos, determine auction timing, manage auctions, handle payment and shipping, and deal with security issues and non-responsive buyers. For the last class, students will create eBay listings which together we will constructively critique and help improve. We will also cover the quick and easy process of becoming an Amazon Marketplace seller.

**CBAY**, 3 Tuesdays, 6:30-8:30 pm. Begins November 2, Zoom, \$75/Seniors \$65.

## Residential Addition 101

*Instructor: Nancy Dickinson*

If you have been thinking of adding onto your house, but don't know where to start, this one night class is for you! Nancy Dickinson, Principal at Dickinson Architects in Concord will give an overview of the design and construction process for residential additions and renovations. The class will review zoning and septic issues, programming, budgeting, whether to "move or stay", the architectural process, contractor selection, permitting and what to expect during construction. Time will be allowed for questions about your specific project. Nancy will also cover how the pandemic has affected the current construction process regarding cost of materials, availability of contractors, safety, permitting delays and change in consumer priorities due to working from home, remote learning and adult children moving home.

**FRES**, 1 Tuesday, 6:00-8:00 pm. Meets October 19, Zoom, \$25.

## NEW Fall Wreath Workshop

*Instructor: Jess Myles, Codman Farms Educator*

Join us at Codman Farm to celebrate the bounty of fall harvests with a colorful wreath workshop! Using dried flowers, foliage, and seed pods from the farm, each participant will learn how to create a unique wreath (about 16" in diameter) to hang on your door or in your home for many seasons. Codman Farm's in-house instructor is Jess Myles, who has years of experience as a farmer-florist and educator, and loves sharing her passion for flowers in all forms. The cost of the workshop includes all materials, tools needed, and farm snacks.

**AWREATH**, 1 Saturday, 10:00-12:00 pm. Meets October 9, Codman Farm, \$95.

## NEW Holiday Wreath Workshop

*Instructor: Jess Myles, Codman Farms Educator*

Join us at Codman Farm to get into the holiday spirit with a winter wreath workshop! With fresh, locally harvested greenery, and dried decorative elements from the farm, each participant will learn how to create a beautiful wreath (about 18" in diameter) from scratch to hang on your door or in your home for the holidays. Codman Farm's in-house instructor is Jess

Myles, who has years of experience as a farmer-florist and educator, and loves sharing her passion for flowers in all forms. The cost of the workshop includes all materials, tools needed, and farm snacks.

**AHYWR**, 1 Saturday, 10:00-12:00 pm. Meets November 27th, Codman Farms, \$95.

## NEW Felted Mittens

*Instructor: Kristin Bray*

Learn to make simple, warm and waterproof mittens out of wool. Suitable for knitters who are confident beginners or better. We will focus on casting on, working with double point needles, and making the thumb. The Pattern will be provided, yarn and needles will be available for purchase, or bring your own. We will need approx 200 yds of worsted weight wool (not acrylic, cotton, or superwash) and size 10 double point needles. If you are a fast knitter (or choose a small size mitten to knit) you may finish your mittens in class. Instructions for finishing and felting will be provided to students at the end of class.

**AKNT**, 1 Saturday, 3:00-5:00 pm. Meets October 30, The Waldorf School of Lexington, 739 Massachusetts Ave., \$25.

## Walking Tour of Historic Ipswich

*Instructor: Gordon R. Harris*

Ipswich, Massachusetts is known as the best-preserved Puritan town in America, and is believed to have as many as 60 houses with elements of First Period construction (1620-1720). The historic neighborhoods of Meeting House Green, High Street, the East End, and the South Green offer well-preserved streetscapes of 17th to 19th century homes, and are on the National Register of Historic Places. Many people trace their roots back to Ipswich, and wish to "walk in the footsteps of their foreparents." This Walking tour of Historic Ipswich will be led by Town Historian Gordon Harris, who tells the stories of the town's historic houses and the people who lived in them. This tour takes from 1.5 to 2 hrs. at a moderate pace, and starts in front of the Ipswich Public Library on Meeting House Green. Current Lexington Public School Covid Protocols regarding masking and social distancing will be observed on the tour.

**HWTR**, 1 Saturday, 10:00-11:30 am. Meets October 16, Ipswich Public Library, \$30.

## NEW Guided Walk at Concord's Gowing Swamp

*Instructor: Neela de Zoysa*

One of Thoreau's beloved landscapes, often referenced in his writings, Gowing's Swamp is a rare and beautiful landscape sculpted by glaciers filled with interesting plants and historical details. Botanist Neela de Zoysa will lead you on the loop walk around the swamp. Limit 12. Rain date: 10/24. Exact meeting location will be sent prior to class. Current Lexington Public School Covid Protocols regarding masking and social distancing will be observed on the tour.

**HGOW**, 1 Sunday, 1:00-2:30 pm. Meets October 17, Gowing Swamp, Concord, \$29.

## NEW Fall Tour of Codman Farms

*Instructor: Codman Farm Staff*

Come see the historic and innovative Codman Community Farms in the heart of Lincoln, MA! You will get to visit our original post and beam barnyard buildings built in the 1800's, wander our flower and market garden, and greet our diverse farm animals that are part of an intensive rotational grazing system designed to improve our soils. Tours are led by experienced farm staff who are ready to answer your questions. At the end of the tour, participants will take home a seasonal farm treat, as well as have the chance to visit our farm store for more high quality local and Codman grown produce.

**HCOD**, 1 Saturday, 11:00-12:30 pm. Meets September 25, Codman Farm, Lincoln, \$25.

## Organize Your Closet

*Instructor: Erin Candeloro*

Join home organizer and life essentialist, Erin Candeloro, as she helps you get your closet ready for spring! We all want to simplify and organize, but it can feel overwhelming. The course will focus on (1) identifying and decluttering what you no longer need, (2) organizing your closet in order to mainstream your life, and (3) how to simplify by only having what you truly want and need. Whether you're a busy parent, always on the go with your career, or are looking for guidance to get some order back to your closet, this class is for you!

**CHOM**, 1 Thursday, 7:00-8:30 pm. Meets October 28, Zoom, \$25.

# Business and Career

## Auto Repair for Everyone

*Instructor: Bruce Gerry*

Get a general overview of major systems of an automobile from an experienced mechanic and instructor who can make all things automotive both fun and clear. With this information you'll be better able to diagnose problems, perform basic maintenance, and deal competently and knowledgeably with mechanics. We will cover basic maintenance and troubleshooting ignition, charging, cooling, fluids, electrical, brakes and exhaust systems. We'll also discuss common problems encountered with any vehicle. This is a lecture/demonstration class loaded with information.

**FCAR**, 3 Thursdays, 6:00-8:00 pm. Begins October 7, Zoom, \$65



### THE PROCESS OF BUYING OR SELLING A HOME

*with Jeremy Richman, pp. 38-39*

## Dungeons and Dragons for 18+

*Instructor: Dylan Baxter-King*

This ever popular game of logic and imagination begins with the creation of characters with the rolling of dice. You and your collaborators guide your characters through an imaginary journey encountering exciting adventures along the way. Your journey is referred to as a "campaign" which is creatively structured like the plot of a good book by one player known as the Dungeon Master. This player is usually a more experienced player. In Week 1, we will begin taking requests to write and run campaigns, and then create characters. Both experienced players and beginners are welcome.

**FDA2**, 8 Fridays, 6:30-8:30 pm. Begins October 1, Zoom, \$175/Seniors \$165.



*Glenn Frank teaches Do It Yourself, Or Financial Advisor?, p. 38.*

*Our Financial Courses are not intended to substitute for individual financial counseling or advice. Neither LCE or the Lexington Public Schools may give specific advice on personal investments.*

## The Business of Baking

*Instructor: Mimi Fix*

Would you like to earn money doing what you love? Learn the basic elements of starting a home-based baking business. Whether you have always envisioned yourself with a small food business, would like a second source of income, or seek to own a business that fits your lifestyle, this class will guide you step-by-step through the entire process.

**BBUS**, 3 Tuesdays, 6:30-8:30 pm. Begins November 2, Zoom, \$59/Seniors \$49.

## How to Increase Website Traffic with the Help of SEO and Social Media Marketing

*Instructor: Fan Stanbrough*

Ever wonder how successful businesses manage to draw heavy traffic onto their websites? In this course you will learn how to: Optimize your website; get it fully indexed by the search engines; assess your website's search engine performance; spidering your site to assess indexability and SEO status, and learn how to select keywords. You will learn how to use several tools, including Google Analytics (GA) and Webmaster Tools (WMT). Reach your goals with the help of SEO, and own your space in the market!

**CHOW**, 2 Thursdays, 6:30-8:30 pm. Begins October 21, Zoom, \$65.

## Introduction to LinkedIn

*Instructor: Kristen Butler*

The key to your success on LinkedIn begins with a powerful and professional presence. You must strategically write your profile with your ideal client in mind before you start connecting to maximize the impact of your first impression online.

**CLINK**, 1 Wednesday, 6:00-9:00 pm. Meets October 6, Zoom, \$42.

## Women and Investing 101

*Instructor: Sumeit and Sanjay Aggarwal*

This workshop is designed for women who want to play a more active role in their

Investment strategy. If investing scares you or you want to make sure you have a clear understanding of its risks and rewards, or if you are simply looking for where to begin, this is the class for you. In this two-part workshop, we will go over basics of Investing, discuss step-by-step approach to investing, and cover different types of investments and retirement plans. You will also learn how to gain confidence in your research, evaluate alternatives, and design a portfolio. No prior knowledge of investing is required. Beginners are especially encouraged to attend. This class will be co-taught by Sumeit and Sanjay Aggarwal. They have written this course with a practical focus explicitly in mind. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

**BW&I**, 2 Mondays, 7:00-8:30 pm. Begins September 20, Lexington High School, Room 224, \$50.

**BZW&I**, 2 Fridays, 7:00-8:30 pm. Begins September 24, Zoom, \$50.

## Women and Investing 201

*Instructor: Sumeit and Sanjay Aggarwal*

This workshop is designed for women who want to take their investing skills to the next level. If you want to better understand investment risks and rewards, have dabbled into investing in the past, or if you are simply looking for a refresher, this is the class for you. In this two-part workshop, we will discuss advanced investing topics, including asset allocation, diversification strategies, understanding fees and rate of return, monitoring your investments, interactive online tools for stock research, and building an effective watchlist. Come join us as we walk through building portfolios for different time horizons and risk tolerance. Beginner level knowledge of investing is required. Beginners are encouraged to attend our "Women and Investing 101" class as a prerequisite. This workshop will be co-taught by Sumeit and Sanjay Aggarwal. They have written this interactive class with a focus on intermediate level investors. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.



Sumeit and Sanjay Aggarwal teach *Investing in Cryptocurrencies*, see below.

**BW12**, 2 Monday, 7:00-8:30 pm. Begins November 8, Lexington High School, Room 224, \$50.

**BZW12**, 2 Fridays, 7:00-8:30 pm. Begins November 12, Zoom, \$50.

**NEW Investing in Cryptocurrencies**

*Instructors: Sumeit and Sanjay Aggarwal*

At its core, cryptocurrency is typically decentralized digital money designed to be used over the internet. Bitcoin, which launched in 2008, was the first cryptocurrency, and it remains by far the biggest, most influential, and best-known. In the decade since, Bitcoin and other cryptocurrencies like Ethereum have grown as digital alternatives to money issued by governments. In a short period of time the cryptocurrency investable market has reached a value of \$1.7 trillion. As a result, this has become an important asset class for investors to consider as part of a diversified portfolio. In this course, we will be simplifying all of this by covering the basics of blockchain and

cryptocurrencies. You will learn commonly used terms, assess risks associated with different Crypto Assets and how to research and start your first Crypto portfolio.

**BCPT**, 2 Mondays, 7:00-8:30 pm. Begins October 18, Zoom, \$50.

**Do it Yourself or Financial Advisor?**

*Instructor: Glenn Frank*

This class offers a step by step methodical approach for an answer that fits you. This may be the most important financial decision you can make. Given misinformation, conflicts of interest and complexities it can also be the most difficult financial decision. The "New Normal" induced by COVID makes it even more challenging today given unprecedented uncertainty. Navigating the 5 step investment process is crucial to success. The fundamental questions are: what is your personal preference? What are your needs? Will an advisor fill those needs? Will they add value in excess of their cost? Can you trust the advisor to put your needs over their own? Can you trust yourself to make informed

and unemotional decisions? Advisors specialize. Practices are not one size fits all. If you are not a fit, it will not work. What are the tough questions to ask an advisor and yourself? Even if you have already made this decision. This class should improve your ultimate results by either improving your relationship with your existing advisor or by giving you added resources and considerations while handling finances on your own.

**BDIY**, 2 Thursdays, 7:00-8:30 pm. Begins October 7, Zoom, \$35/Seniors \$30.

**Estate Planning 101**

*Instructor: Rebecca O'Brien*

Come learn the basics about wills and estate planning. We will discuss wills, durable powers of attorney, health care proxies, living wills, setting up trusts, how to appoint a guardian or conservator for minor children if needed in the future, and basic strategies for saving on estate taxes. Bring your questions! Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

**BWIL**, 1 Tuesday, 7:00-9:00 pm. Meets October 19, Zoom or Lexington High School, Room 224, \$30/Seniors \$25.

**The Process of Purchasing A Home**

*Instructor: Jeremy Richman*

Learn in detail the latest information about buying a home so you can feel confident, informed, knowledgeable and in control from the start to the finish of the largest purchase you may ever make. Learn about: determining your "real ideal" home; qualifying a home; assessed or appraised vs. Zillow valuations; making offers and negotiating to yes for less; home inspections; protecting your deposits; choosing an attorney, home inspector and mortgage agent; buying short-sales and bank-owned properties; and how to choose, hire and work with a real estate agent to represent you as your "buyer's agent." Included are worksheets and forms and a copy of the 40-page handbook, "The Homebuyer's Companion," written by the instructor.

**BHOM**, 1 Tuesday, 6:30-9:30 pm. Meets October 5, Zoom, \$30/Seniors \$25.

# Mind and Body

## The Process of Selling a Home

*Instructor: Jeremy Richman*

Get tips on successfully selling your home in today's economic landscape and hear the latest intelligence on the local real estate market. Learn how to prepare your home for sale, what turns buyers on and off, and how to select a realtor versus selling the house yourself.

**BSHO**, 1 Tuesday, 6:30-9:30 pm. Meets October 12, Zoom, \$30/Seniors \$25.



*Mimi Fix teaches The Business of Baking, page 37.*

## Social Security Planning for Couples

*Instructor: Matt Carron*

The Social Security decisions spouses make when they are in their 60s will determine the amount of total income they will receive over their lifetime – especially the lifetime of the spouse who lives the longest (usually the wife!). This workshop will cover the NEW rules that can help married couples get the most out of the Social Security system. We will cover: the optimal times to apply, spousal coordination, minimizing taxes and effectively integrating Social Security with other assets. Plus, the most important thing all higher-earning spouses should do and more. Why not make sure you are maximizing your income? The \$40 tuition cost is per couple.

**BCSS**, 1 Wednesday, 6:00-8:00 pm. Meets on October 6, Zoom, \$40.

*LCE seeks to offer opportunities that promote learning about holistic health and living well. In this section you'll find everything from courses on meditation to alternative understandings of nutrition.*

## NEW Permission to Pause

*Instructor: Catherine Collins*

If you're feeling overwhelmed, juggling work, family, and community responsibilities in this post-pandemic world, this workshop is for you! The goal in this interactive workshop is to help you find balance in your life by learning stress and time management skills that you could apply in the course of a busy day. Techniques such as deep breathing, progressive muscle relaxation, the body scan, the practice of positive reframing of current stressors, walking meditation, mindful movements, and the use of imagery will be covered. Each participant will have the opportunity to practice the techniques and to develop a personal plan for finding balance in her/his life. At the second session each participant will have an opportunity to assess their progress and fine tune their personal plan.

**MPAU**, 2 Mondays, 6:30-8:00 pm. Begins September 13, Lexington High School, Room 140, \$45.

## NEW Conquer the Clutter

*Instructor: Francesca Verri*

Join Francesca in this four-session, small group coaching class as she teaches the basic tenets of organization and how they can be used to conquer the clutter in your home. You will learn what clutter is and why we get cluttered, how to build sustainable systems, and the steps to take to get and stay organized. This is a very personalized class where students will share one area of their home that they want to declutter, and, using that week's class lesson, be coached to make the changes necessary to get it organized. Weekly assignments will be given to hold students accountable in making progress in their space. If you struggle with clutter and want to develop a greater understanding of the laws of organization while you actively apply them to your life, this unique group coaching workshop is for you. *Space is limited in this class so reserve your spot today!*

**FCONQ**, 4 Mondays, 6:30-8:00 pm. Begins September 27, Zoom, \$135.

## NEW Five Techniques for Getting Deeper Sleep

*Instructor: Rick Clerici*

In Five Techniques for Getting Deeper Sleep we will explore the nature of stage 3, slow wave sleep. Even people who seem to get a full night's sleep don't always get as much deep, restorative sleep as is optimal. We will look at the conditions that interfere with deep sleep and study techniques that can insure ample restorative. Knowledge of these five techniques can make a huge difference in sleep quality. Each attendee will also receive a sleep recording that improves initiating and maintaining sleep.

**MIND**, 1 Monday, 7:00-8:30 pm. Meets October 4, Zoom, \$35.

## Fixing Our Broken Sleep

*Instructor: Rick Clerici*

In this 90 minute presentation attendees will learn techniques for overcoming common sleep problems like "trouble falling asleep," "difficulty staying asleep," "excessive thinking," "waking too early," "Sunday night insomnia," "chronic insomnia," "shift-work difficulties" and "daytime sleepiness." This hands on presentation has helped many people to begin getting better sleep almost immediately. A guided relaxation exercise teaches techniques for initiating sleep and returning to sleep. Rick Clerici C.Ht., is a Certified Clinical Sleep Educator and has helped thousands of people increase the quality and quantity of their sleep.

**MSLE**, 1 Tuesday, 7:00-8:30 pm. Meets November 16, Zoom, \$35.

## Stop Dieting

*Instructor: Sue McCombs*

Do you have the munchies for bread, pasta, Pizza? or even the salties like chips, pretzels, salted nuts? Imagine not being tempted to overeat; to feel indifferent to sugar, bread, pasta, too much snacking, and grazing from dinner to bedtime. Using guided relaxation and imagery (techniques used in hypnosis), you will notice an improvement in your desire, determination, and resourcefulness, which will lead you toward successfully instituting a healthier pattern of eating. This program is designed to help you let go of unwanted pounds gently, easily, and

permanently. Please do not consume any alcohol prior to class. Audio CD's will be available for \$30 for those who wish to take the program home with them.

**MAPP**, 1 Monday, 7:00-8:30 pm. Meets November 15, Lexington High School, Room 222, \$40.

## Stop Your Sugar Habit

*Instructor: Sue McCombs*

What if you had no desire to eat anything with sugar? What if looking at a product with sugar left you with the feeling of total indifference? No more longing for that chocolate bar or soft drink. What if all that expertise, the thinking and obtaining and consuming of sweets, got transformed into some positive habit, like exercise or another desired outlet? Focus can be placed on eating moderate, well balanced meals featuring fresh fruits and vegetables and lean, quality protein. Watch your energy increase as the sugar leaves your system. No more highs and lows from sugar rushes. It is possible, using the hypnosis techniques of guided imagery taught in this class, to help you make this change on a powerful subconscious level. Please do not consume alcohol prior to class. An audio CD will be available for \$30 for those who wish to take the program home for reinforcement.

**MSUG**, 1 Monday, 7:00-8:30 pm. Meets October 25, Lexington High School, Room 224, \$40.



*Richard Geller teaches Stress Less: Learn to Meditate, this page.*



## PLANNING YOUR EUROPEAN VACATION

*with Wim Nijenberg, p. 34*

## Stress Less: Learn to Meditate

*Instructor: Richard Geller*

Meditation is one of the best ways to reduce stress and improve your health, as evidenced by many recent scientific studies. Participants will learn: how meditation works, numerous different meditation techniques, and strategies for integrating meditation into your daily work and life. Upon completing this program, participants will be able to practice meditation anytime, anywhere that stress occurs, and immediately feel the benefits. Throughout the four week course, participants are taught and practice over 10 powerful meditation

techniques including: breath focus, body scan relaxation, standing and walking meditation, Tai-Chi and Chi-Kung beginning practice, sound and mantra meditation, simple Yoga as a meditation, visualization practice, and mindfulness meditation. The entire program is highly interactive, hands-on, and easy to learn.

**SLMS**, 4 Thursdays, 7:00-8:00 pm. Begins September 23, Lexington High School, \$66/Seniors \$49.

## **NEW** Awareness Through Movement: Feldenkrais Method®

*Instructor: Ruth Knill*

Discover more comfortable and efficient ways of moving and being. The Feldenkrais Method is a tranquil, mindful form of exercise designed to improve the quality of your movement. Each

class starts with a sequence of gentle movements alternating with periods of rest. Resting between moves is as important as the movements themselves, as it brings you to a state of calm while promoting effortless learning and assimilation of the practice. Our instructor will tailor the material in each class to help you increase your range of motion and gain greater self-awareness. Safe and gentle, yet challenging in surprising and satisfying ways, the Feldenkrais method will help you move more gracefully through life. Note: Wear comfortable clothing and have a chair, a pillow, and a yoga mat (or blankets) handy. During some classes you'll lie on a soft mat on the floor; for others you'll sit or stand.

**MFEL**, 8 Wednesdays, 6:00-7:00 pm. Begins September 22, Zoom, \$136.

# Exercise and Dance

Our Exercise and Dance classes provide many low-impact, affordable, and fun ways to help you get in shape and stay that way.

## Intro to TaiChi & Eight Pieces of Brocade

*Instructor: Virginia Payne*

Originally one of the ancient Chinese martial arts, Tai Chi (or Taijiquan) is practiced today by students primarily as a method of exercise that cultivates physical and mental harmony in movements. Scientific studies show that Tai Chi improves and possibly prevents chronic conditions such as arthritis, heart disease and diabetes. In fact, practicing Tai Chi regularly helps reduce stress, improve balance and coordination, strengthen immune systems, and develop body awareness and confidence. Eight Pieces of Brocade is primarily designated as a form of medical qigong, meant to improve health. It consists of eight separate exercises coupled with deep breathing – which are primarily used as warm-ups in this intro class before practicing the Tai Chi form. Wear soft, comfortable clothes and soft-soled shoes, such as flat sneakers. Outdoor shoes are not permitted inside the studio. Please make sure to attend the very first class where the instructor will give a brief introduction to the history and benefits of Tai Chi and Qigong, as well as a demo of the Tai Chi form.

**EVTI**, 9 Thursdays, 5:30-6:30 pm. Begins September 23, Lexington High School, Room 140, \$120/Seniors \$90.

## Advanced Tai Chi & Eight Pieces of Brocade

*Instructor: Virginia Payne*

Practicing Tai Chi regularly helps reduce stress, improve balance and coordination, strengthen immune systems, and develop body awareness and confidence. This class is designed to tailor to students who had just finished “Tai Chi II”, “Tai Chi III” and the “Advanced Tai Chi” class. The 108- move Tai Chi form will be further refined along with deep breathing exercises in each class. Emphasis will be on the 3rd Section of the Tai Chi form, and on practicing and doing the moves correctly and with fluidity. The Eight Pieces of Brocade Qigong will again be used as

warm-up exercises before practicing the Tai Chi form. Wear loose, comfortable clothes and soft-soled shoes, such as flat sneakers.

**EITC**, 11 Tuesdays, 5:30-6:45 pm. Begins September 21, Lexington High School, Room 140, \$185/Seniors \$135.

## Joyful Yoga

*Instructor: Linda Del Monte*

Beginners, and intermediate students can enjoy this style of yoga, known as a “celebration of the heart.” This is yoga that combines a Kripalu (heart-centered) and a detail-oriented style. We will work on finding balance, distributing weight equally, and aligning the body in a therapeutic way that will keep you safe, and also offer you many challenges, if you wish. Either way, the joy will come. Yoga mat required. Wear comfortable, loose fitting clothing, and bare feet. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

**EYF2**, 12 Fridays, 12:00-1:15 pm. Begins September 17, Hancock Church or Zoom, \$240/Seniors \$205.

## Chair Yoga

*Instructor: Asha Ramesh*

Chair Yoga offers a practice that includes seated poses on the chair and standing poses using the chair for balance and support. It is one of the gentlest forms of yoga that can be done sitting on a chair or standing on the ground while using the chair for support. It is an adapted form of yoga that makes yoga accessible to everyone. The chair replaces the yoga mat and becomes an extension of the body allowing the client to take full advantage of the benefits of yoga. It allows the student to modify their practice based on mobility, health, and current ability level, and for those looking for extra support in a yoga class. Students can experience the many benefits of yoga without having to get up or down from the floor. Benefits include increased balance, strength, flexibility, range of motion, and stress reduction.

**ECHR**, 10 Saturdays, 10:00-11:00 am. Begins September 25, Zoom, \$165/Seniors \$140.



Amy Stix teaches Zumba: Ditch the Workout, Join the Party, page 42.

## Hatha Yoga

*Instructor: Asha Ramesh*

Stretch and strengthen without competition or performance anxiety in this basic hatha yoga class. Class will include standing, sitting, and supine poses, with a focus on the breath. Postures are basic, without compromising on the wellness they deliver. The format changes from one week to another, allowing for variation and multiplicity in poses. The yoga you take home will allow customization to suit your mood and needs. Dress comfortably and bring your own mat.

**EHYO**, 11 Wednesdays, 7:00-8:00 pm. Begins September 22, Zoom, \$180/Seniors \$150.

**E2HYO**, 11 Mondays, 7:30-8:30 pm. Begins September 20, Zoom, \$180/Seniors \$150.

## Gentle Yoga and Yoga for Osteoporosis

*Instructor: Mary Wixted*

This gentle yoga class is designed to introduce students to the ways that yoga can help maintain bone health. Students will be taught the 12-minute daily yoga sequence which was studied by Dr. Loren Fishman and shown to build bone density, as reported in *The New York Times*. Dr. Fishman was a student of the yoga master BKS Iyengar and his work is partly based on his teachings. As a nationally certified Iyengar yoga teacher, Mary is qualified to teach the alignment principles which keep students safe and maximize the benefits of the poses. This class would also be an excellent choice for those looking for a gentle yoga class.

**EOST**, 9 Thursdays, 11:00 am-12:30 pm. Begins September 30, Hancock Church, \$149.



Virginia Payne teaches *Introduction to Tai Chi and Eight Pieces of Brocade*, page 41.

## Zumba®: Ditch the Workout, Join the Party!

*Instructor: Ami Stix*

Zumba is a cardio fitness program combining a variety of Latin and international music with dance moves. Using music from around the world with dance, students will experience everything from salsa to belly dance to Bollywood. Each class incorporates the concept of interval training by alternating fast and slow rhythms for one hour of aerobic exercise. This is an all-levels class and NO dance knowledge or experience is required. The only requirements are sneakers, a smile and a bottle of water. (Although, a towel might be a good idea.) This class encourages students to participate comfortably at their own pace and level--wherever they may be on their fitness journey. According to the Mayo Clinic: "aerobic exercise reduces health risks, strengthens your heart and boosts your mood". It's a simple formula: feel the music, have fun and dance. Please note: this class is offered simultaneously in-person and on the Zoom platform. Please indicate how you plan to participate upon registration.

**EZUM**, 10 Mondays, 7:00-8:00 pm. Begins September 20, Hastings School Gymnasium or Zoom, \$145/Seniors \$120.



### IYENGAR YOGA

*with Mary Wixted, this page*

As a program of the Lexington Public Schools, indoor, in-person LCE classes, and in-person events at our *off-site (non LPS)* locations will require mask wearing. This includes students, teachers and staff. We look forward to a safe and successful fall term!

## Iyengar Yoga

*Instructor: Mary Wixted*

Been curious about why so many people are taking yoga in the United States? Come enjoy a yoga class taught in the Iyengar method of yoga. The Iyengar method is to yoga what classical ballet is to dance. It is a progressive offering of the yoga postures designed to provide a safe and an ever-deepening practice which opens and strengthens the body while drawing the mind into a meditative state. Props will be used to make the postures accessible. Please note: there is no class on September 21.

**EYEN**, 12 Tuesdays, 9:15-10:45 am. Begins September 14, Hancock Church, \$230/Seniors \$198.

## **NEW** Hip-Hop Dance

*Instructor: Whitney Pierre*

Hip-hop is a high-energy dance class that infuses the latest styles of street dancing, breaking, popping, and locking. Hip-hop combines a variety of freestyle movements to create a cultural piece of art. Students will be dancing to popular/top 40 songs. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements.

**EHIP**, (Adult Class), 8 Wednesdays, 6:00-7:30 pm. Begins September 29, Lexington High School, \$120.

**EHP2**, (Teen Class), 8 Thursdays, 6:00-7:30 pm. Begins September 30, Lexington High School, \$120.



As a program of the Lexington Public Schools, indoor, in-person LCE classes, and in-person events at our *off-site (non LPS)* locations will require mask wearing. This includes students, teachers and staff. We look forward to a safe and successful fall term!

## Important Information

### ONLINE PROGRAM PLATFORM

We have heard from many of you that online LCE classes are convenient and enjoyable enough to keep offering, in addition to in-person classes. Many of our autumn classes will continue to take place over the Zoom online video conferencing platform. Login links will be emailed to students after registration and ahead of the 24 hour window before the first class is to begin. Unless otherwise noted, the same link will be used for classes that meet for multiple sessions.

### Face Masks & LCE In-Person

Currently, (as of 8/1/21) any person in any Lexington Public School building is required to wear a mask. This includes students, teachers and staff. This policy has also recently been recommended by the CDC.

As a program of the Lexington Public Schools, indoor, in-person LCE classes and events at our *off-site (non LPS)* locations will also require mask wearing. We appreciate your patience as we navigate the changing pandemic landscape and do our best to balance the presentation of engaging classes with the safety of our teachers, students, and staff.

### Discounts and Scholarships

Our classes are open to everyone, regardless of residency. Reduced tuition is available to seniors (65 years of age and over), and also to employees of the Town of Lexington for most, but not all, of our classes. Limited scholarship assistance is available for Lexington residents; please call to request an application. Senior Students are aged 65 and older.

### Instructor Bios

All LCE Instructor bios can be found along with their class descriptions online at [www.Lexingtoncommunityed.org](http://www.Lexingtoncommunityed.org)

### How To Register

**Online:** Registration will be available online at [www.lexingtoncommunityed.org](http://www.lexingtoncommunityed.org) with Visa or Mastercard.

**Registration Confirmations:** Upon registration you will receive an email confirmation. You will receive a class/event login the day before your class is scheduled to begin.

### No-School Dates

There will be No Classes: September 6, 7, and 16th; October 11th; November 11, 25, and 26th; and December 24, 25, and 26th. September 30, no evening classes at LHS. When Lexington Public Schools are closed due to weather, the LCE office is also closed. Remote Zoom classes will remain in session during school snow days. You may call LCE at 781.862.8043 for a recorded announcement. Public School closings may be found online at <http://lps.lexingtonma.org/snow>.

### Cancellation and Refund Policy

There are no refunds for LCE Special Events/Speaker Series. If you withdraw at least 4 business days (or more) before the start date of the course, you will receive a course credit for the full amount. If you prefer, we will refund the course tuition minus a \$10 processing fee. If you withdraw 3 business days before the start date of the course, you will be issued a course credit only. You will receive a full refund in the event LCE cancels a class. You will not receive a refund due to technical difficulty specific to you or your device. No other refunds will be granted. Please note that refund checks can take four to six weeks to process.

### Directions to the LCE Office

Lexington Community Education Central Office is located at 146 Maple Street. Vehicle Access is via 328 Lowell Street. As you enter the driveway, continue past Harrington Elementary School Building. The LCE Central Office building is the brick building behind the school. Please park in designated areas (not in the front circle due to fire lane restrictions) The LCE door is on the side of the building, under the blue Lexington Community Education sign. All building entrances at the Central Office are locked, and students need to ring the doorbell to gain access to the LCE office as well as the front door to the building.

LCE complies with equal opportunity legislation (chapter 622 and Title IX). We are committed to serving the needs and interests of the community—adults, seniors, and children. Any information and/or advice, either expressed or implied, in any LCE class, is solely that of the instructor. LCE assumes no responsibility for the course content. Courses are designed for education and enjoyment, and are not intended to serve as the basis and/or rationale for any decision on the part of the participants.

### Contact Info

Lexington Community Education  
 146 Maple Street  
 Lexington, Massachusetts 02420  
 Phone: 781.862.8043  
 Fax: 781.863.5829  
 Email: [LCE@lexingtonma.org](mailto:LCE@lexingtonma.org)  
 [www.facebook.com/lexingtoncommunityed](https://www.facebook.com/lexingtoncommunityed)  
 Twitter: @lexcommunityed

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